



ISLAND COUNTY BOARD OF HEALTH

AGENDA

REGULAR SESSION

April 15th, 2025, 1:00 p.m.

Commissioners Hearing Room B102

Coupeville Annex Building

Meetings are available remotely. Those interested in attending the meetings by computer, tablet, or smartphone may use the following link: <https://tinyurl.com/IslandCountyBOH> or by telephone: 1-323-433-2396 Meeting ID 971 2319 5885 Pass code: 626749

Call to Order: April 15th, 2025, Regular Session of the Island County Board of Health

Additions or Changes to the Agenda:

Approval of the Minutes:

- March 18th, 2025, *Minutes*

Public Input/Comments: The Board values the public's input. This time is set aside to hear from the public on subjects of a health-related nature, not on the scheduled agenda. All information given is taken under advisement. Unless emergent in nature, no action is taken. To ensure proper recording of comments, state your name and address clearly into the microphone. Limit your comment to two minutes. The Board may entertain public comment on specific agenda items when discussed.

Letter:

- Medicaid Advocacy Letter, presented by Dr. Shawn Morris, Public Health Director. – 10 minutes

Review a draft letter from the National Association of Counties (NACo) to congressional leadership elevating the importance of Medicaid Financing. – *Attachment*

ACTION ITEM: Review and approve the letter on behalf of the Island County Board of Health.

Presentation:

- Health in All Policies Update, presented by Dr. Shawn Morris, Director of Public Health. – 10 minutes

A discussion on the proclamation signed in 2023 and a review of the progress made to date in terms of a Health in All Policies approach. – *Attachment*

Presentation:

- Community Health Advisory Board (CHAB) Update, presented by Taylor Lawson, Deputy Director of Public Health. – *10 minutes*

Nomination:

- CHAB Member Nomination – Lauri Johnson-Grimm, presented by Taylor Lawson, Deputy Director of Public Health – *5 Minutes*.

Nomination to welcome Lauri Johnson-Grimm as a member of the CHAB.

Action requested: Motion to approve CHAB nominee –Attachments

Public Health Updates:

- Public Health Department Update, presented by Dr. Shawn Morris, Director of Public Health. – *5 minutes*
- Finance and Legislative Updates, presented by Dr. Shawn Morris, Director of Public Health. – *20 minutes – Attachments*

Board Announcements:

Adjourn: The next regular session of the Island County Board of Health will be held on May 20th, 2025, at 1:00 p.m. in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.



ISLAND COUNTY BOARD OF

HEALTH

MINUTES

REGULAR SESSION

March 18th, 2025

The Island County Board of Health met in Regular Session on February 18th, 2025, in the Board of County Commissioners Hearing Room (Room #102B), Annex Building, 1 N.E. 6th Street, Coupeville, Washington.

Members present:

Commissioner Janet St. Clair, Chair
Commissioner Melanie Bacon
Commissioner Jill Johnson
Commissioner Ron Wallin
Capt. Lund

Member present by video:

Mayor Ronnie Wright

Members Excused:

Others present:

Taylor Lawson	Shawn Morris
Melissa Overbury-Howland	JanRose Ottaway Martin
Kathryn Clancy	Lynda Austin
Dr. Howard Leibrand	Heather Kortuem (Online)
Jennifer Schmitz (Online)	Cecily Doyle
Megan Works (Online)	Keven Graves (Online)

Call to order:

Commissioner St. Clair called the meeting to order at 1:03 p.m.

Approval of Agenda:

A motion to approve the agenda, with the addition of presentation slides from JanRose Ottaway Martin, was approved unanimously.

Approval of Minutes:

The February 18th, 2025, Regular Session Minutes were approved. Commissioner Wallin abstained.

Public Input or Comment:

There was no public comment.

Presentation:

Jaime Bodden, Managing Director at WSALPHO, gave an update on Foundational Public Health Services funding.

Letter:

Dr. Shawn Morris, Public Health Director, presented a Foundational Public Health Services advocacy letter addressed to the 10th District Legislative Panel advocating for FPHS funding.

MOTION: All members of the Board of Health, with the exception of Captain Lund, approved of the letter following discussions of edits.



ISLAND COUNTY BOARD OF HEALTH

MINUTES

REGULAR SESSION

March 18th, 2025

Letter:

Dr. Shawn Morris, Public Health Director, presented a letter to the Island County School Board advocating the importance of creating equitable learning environments for all students. Dr. Shawn Morris will share subsequent drafts of the letter with all board members for approval.

Letter:

Lynda Austin, Human Services Director, presented a letter to the Health Care Authority advocating to provide network adequacy for Mental Health Care in Island County.

MOTION: All members of the Board of Health, with the exception of Captain Lund due to being a liaison, approved of the letter following discussions of edits.

Presentation:

JanRose Ottaway Martin, Executive Director of North Sound BH-ASO., presented an overview of the Behavioral Health Crisis Services and other state-funded non-Medicaid behavioral health services provided by the North Sound BH-ASO.

Public Health Updates:

Dr. Howard Leibbrand, Public Health Officer, gave a Public Health update on the MMR vaccine.

Board Member Comments and Announcements:

The Regular Session adjourned at 3:04 p.m.

The next *Regular Session* of the Island County Board of Health will be held on April 15th, 2025, at 1:00 p.m. in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.

SUBMITTED BY:

Shawn Morris, Director of Public Health

Approved this _15th_ day of _April_, 2025.

BOARD OF HEALTH
ISLAND COUNTY, WASHINGTON

Janet St. Clair, Chair



Island County Public Health

Shawn Morris, ND - Director

1 NE 7th Street, Coupeville, WA 98239

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April 15th, 2025

The Honorable Rick Larsen,
United States House of Representatives
2163 Rayburn HOB
Washington, DC 20515

Dear Representative Larsen,

On behalf of the 86,267 residents of Island County, we are writing to emphasize the critical role county governments play in administering Medicaid, a joint federal, state, and local partnership that provides health coverage to over 70 million Americans.

Medicaid is essential to counties and their residents, covering 38 million children, over 40 percent of all births, and serving as the largest payer for long-term care and behavioral health services. It supports rural hospitals, ensures access to care, and helps cover uncompensated costs for local health providers.

Recent proposals to cut the federal matching rate or implement per capita caps could increase costs for counties, leading to millions losing coverage and placing greater strain on local budgets and health systems. Such cuts would undermine the sustainability of Medicaid, particularly in rural areas where hospitals rely on Medicaid funding to serve low-income populations.

Thank you for your dedicated service to Island County. Protecting Medicaid's financing structure is essential to maintaining affordable health coverage for vulnerable populations. We are committed to working with you to support the health, safety, and well-being of our residents.

Sincerely,

Commissioner Janet St. Clair, Chair
Island County Board of Health
Island County Commissioner – District 3



Island County Public Health

Shawn Morris, ND - Director

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Members of the Island County Board of Health

Commissioner Melanie Bacon

Island County Commissioner – District 1

Commissioner Jill Johnson

Island County Commissioner – District 2

Dr. Howard Leibrand, MD

Island County Health Officer

Commissioner Ron Wallin

WhidbeyHealth Hospital Commissioner

Mayor Ronnie Wright

Mayor of Oak Harbor

Cc:

Senator Ron Muzzall, 10th Legislative District

Representative Dave Paul, 10th Legislative District

Representative Clyde Shavers, 10th Legislative District

NOW, THEREFORE,

BE IT HEREBY RESOLVED, we, the Island County Board of Health, do hereby proclaim our commitment to the principles and practices of Health in All Policies (HiAP); and

BE IT FURTHER PROCLAIMED, we pledge to integrate a HiAP approach into our policymaking, planning, and implementation processes, with particular attention to health equity and the conditions in which people are born, grow, work, live, and age; and

BE IT FURTHER PROCLAIMED, we instruct all governmental and public agencies within Island County to join us in this endeavor, working collaboratively to develop policies that prioritize the health and well-being of our communities, while actively advancing equity, justice, and access to social drivers of health.

APPROVED this 19th day of Dec., 2023

**BOARD OF HEALTH
ISLAND COUNTY, WASHINGTON**



Jill Johnson, Chair

ATTEST:



Shawn Morris, Public Health Director



Health in All Policies (HiAP)

Review of the HiAP Approach to Public Policy

Dr. Shawn Morris, Island County Public Health Director

Island County Public Health



How do we define health?

- Health is a “holistic” concept encompassing physical, mental, and social-wellbeing, not just the absence of illness or injury (based on World Health Organization, 1948 definition).
- Individual and public responsibility:
 - Individuals have a role in maintaining their own health
 - Governments have a responsibility for creating conditions that support healthy communities





What are the social determinants of health?

- Social determinants of health (SDOH) are non-medical factors affecting health
- Includes the conditions in which people are born, grow, work, live, and age
- Expanding access to SDOH improves health outcomes





What shapes health?

Clinical care is important, but social, economic, and environmental factors are highly influential on health and well-being



Why frame health in terms of societal conditions?

Impact of social determinants of health 30-50% of more

McGiniss
et al (2002)



Canadian Institute
of Advanced
Research (2012)

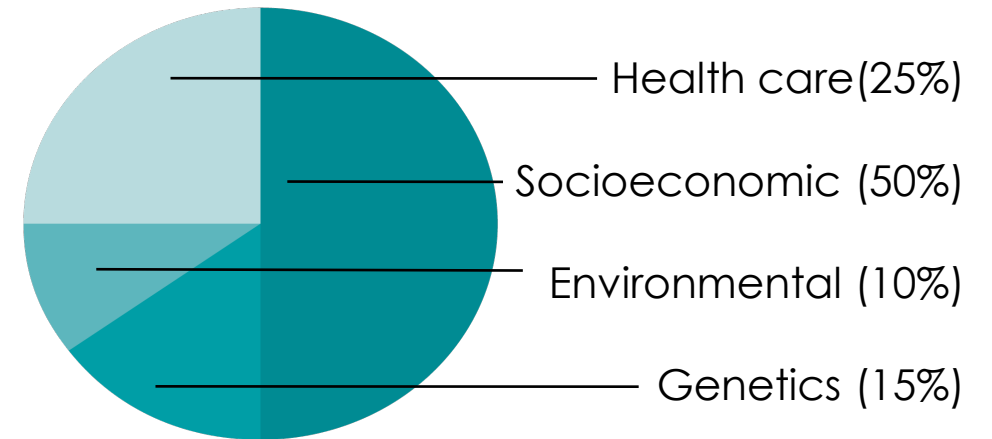


Figure: Estimates of the contribution of the main drivers of health status.

Source: Donkin, A., P. Goldblatt, J. Allen, V. Nathanson and M. Marmot (2017).

"Global action on the social determinants of health." BMJ Global Health.

Public health and social determinants

- Public health refers to all organized efforts to prevent disease, promote health and prolong life among the population as a whole
- Focus on entire populations
- Concerned with the total system and not only the eradication of a particular disease





What is health in all policies (HiAP)?



HiAP is an approach to public policy across sectors that systematically considers the health implications of decisions, seeks synergies and avoids harmful health impacts to improve population health and health equity.

WHO (2013) Helsinki Statement on Health in All Policies
CDC Health in All Policies (HiAP) Resource Center

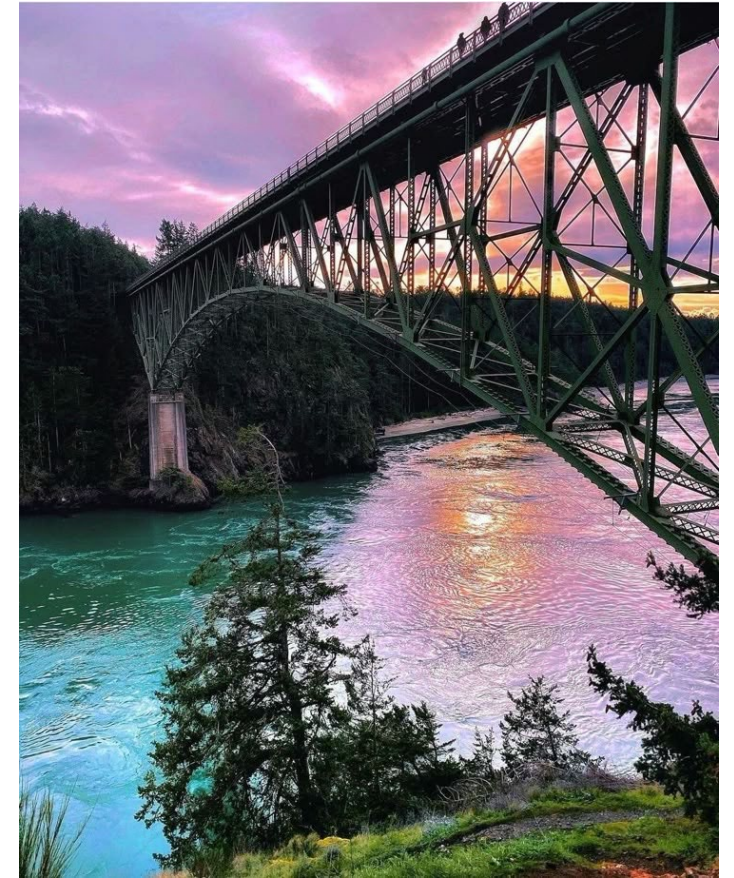


Revisiting the 2024 HiAP Proclamation

The January 2024 BOH HiAP Proclamation highlights the need for policies that address the root causes of health disparities, promoting comprehensive and coordinated strategies to improve community well-being.

Proclamation No. HD-02-23

[Health in All Policies](#)





Why does HiAP matter?

Health outcomes have **social, environmental, and economic** origins that extend beyond the direct influence of the health sector

Public policies in **all sectors** and at different levels of governance can have a significant impact on population health

The HiAP approach **protects** and **promotes** health and health equity, particularly where there are competing interests



Policy situations where a HiAP approach is effective:



Source: diagram developed by authors from analysis in Leppo K et al. (2013) *Health in All Policies: Seizing opportunities, implementing policies*. Finland, Ministry of Social Affairs and Health, p. 329.



Prioritizing Issues for HiAP Action

Key considerations for prioritizing which issues to address:

Problem or issue is of major public health importance

Problem or issue can be effectively addressed: change is feasible

Potential solutions are politically, economically, and socially aligned



Why is multi-sectoral action challenging?

Complex policy issues have multiple factors to consider

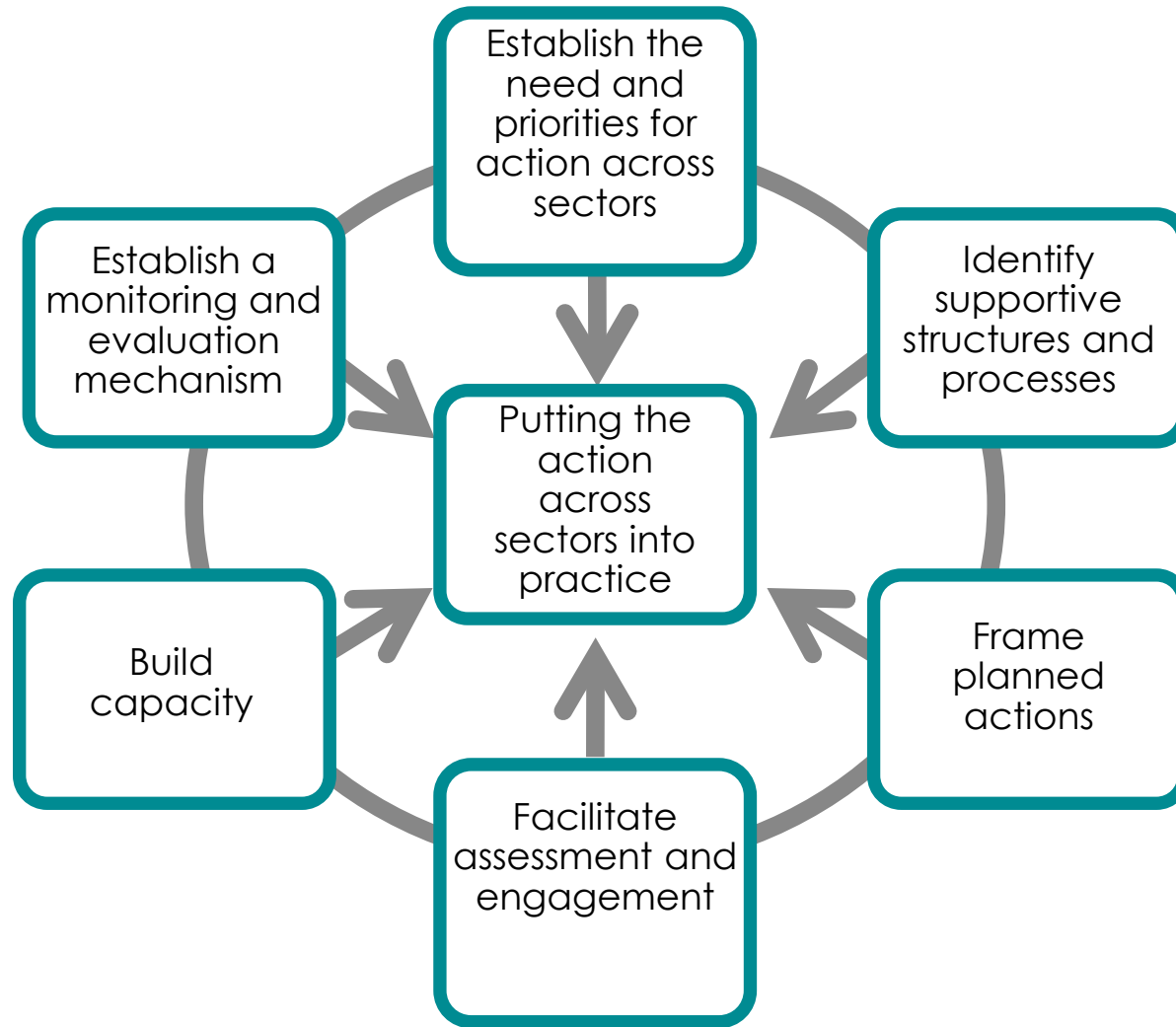
Action by several government agencies or institutions - working together is required

Communication – issues in finding a common language

Siloed thinking, conflicting interests



HiAP framework for action:



- ✓systematically considers the health implications of decisions
- ✓seeks synergies
- ✓avoids harmful health impacts



HiAP Implementation in 2023-2024

Our teams have advanced HiAP in several meaningful ways:

Extensive review and input into the [Island County Comprehensive Plan](#) update, with a focus on housing, land use, natural resources, water systems, and utility elements.

Collaborative input for the [Comprehensive Economic Development Strategy \(CEDS\)](#), focusing on goal development related to infrastructure, natural resources, and community health.

Participatory and multi-sector approach to the [2023-24 Community Health Assessment \(CHA\)](#), involving collecting input from a diverse range of partners.



HiAP Next Steps

- Comprehensive Plan Update
- Community Health Improvement Plan (CHIP 2025-26)
- HiAP policy prioritization process
- HiAP key metrics for outcome tracking and evaluation
 - Annual scorecard?





Thank you!

For additional information, please contact:
Shawn Morris, Island County Public Health Director:
S.Morris@IslandCountyWA.gov



Community Health Advisory Board (CHAB)						
Sector/Group	# of per Group	# of Vac	CHAB Member	City	Appointment Date	Term Expires
Health Care Access/Quality	4	1	Erin Lavery-Mullins, Chair	Camano Island	2/17/2022	2/17/2025
			Charlotte McRill	Oak Harbor	5/5/2022	5/5/2025
			Heidi Beck	Clinton	2/28/2023	2/28/2026
Physical Environment	2	1	Bob Uhrich	Camano Island	5/5/2022	5/5/2025
Social and Economic Sectors	2	1	Nicole Rice	Oak Harbor	6/20/2023	6/20/2026
Government	2	1	Chris Geiger	Coupeville	9/17/2024	9/17/2027
Business Philanthropy	2	0	Michele Aguilar Kahrs, Co Chair	Freeland	2/17/2022	2/11/25
			Marian Myszkowski	Langley	10/17/2023	10/1/2026
Tribal Communities	1	1				
Consumer of Public Health Services	3	1	Deborah Seymour-Ferguson	Camano Island	5/5/2022	5/5/2025
			Alma Johnser	Oak Harbor	2/28/2023	2/28/2026
Community Stakeholder	3	1	Lauri Johnson-Grimm	Langley	4/15/2025	4/15/2028
			Melissa Frasch-Brown	Oak Harbor	2/17/2022	2/17/2025
Community Members with Lived Experiences	2	2				
Total VS Vacancies	21	9	Steering Committee is known as the Leadership Committee per Bylaws.			



Island County Public Health

Shawn Morris, ND - Director

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April 15th, 2025

TO: Island County Board of Health

FROM: Taylor Lawson, MPH; Deputy Director

RE: **Community Health Advisory Board Recommendation: Lauri Johnson-Grimm**

It is with full support from the Island County Community Health Advisory Board, that I present to the Island County Board of Health, the formal recommendation of Lauri Johnson for appointment to sit on the Island County Community Health Advisory Board (CHAB).

Mrs. Johnson-Grimm comes to CHAB with over eighteen years of experience as a family and youth support professional. Lauri's professional experience has ranged from working with Readiness to Learn as a Family Support & Community Engagement Specialist, to currently leading the South Whidbey CARES Coalition as the Community Coalition Coordinator. She is a Prevention Specialist expert (over 2,000 hours of prevention related experience) who is dedicated to advancing youth health and wellness initiatives in her community. In her personal time, Lauri volunteers with the Whidbey Children's Theater and Readiness to Learn. A few of her many skills and qualifications include her adaptive leadership style, group facilitation, organizing community events, and implementing evidence-based programs geared towards youth substance use prevention and mental health promotion.

Mrs. Johnson-Grimm has a strong passion for behavioral health and safety. Mrs. Johnson's vision for a healthier future for Island County is a place where diverse perspectives are recognized and the stories that shaped those perspectives are honored.

The Island County Community Health Advisory Board is pleased to recommend to the Island County Board of Health the appointment of Lauri Johnson-Grimm to sit on the Island County Community Health Advisory Board as a representative of the Community Stakeholder Sector.

Sincerely,

Taylor Lawson



Monthly Finance Update

Island County Board of Health



Purpose

Finance review

Monthly high-level update on funding for Public Health Department to support Board engagement and education.



Discussion Questions

- Which programs would the Board be interested in learning more about?
- How can we share impact with the community to build trust and support?
- How can we further a Health in All Policies approach?



Epidemiology and Laboratory Capacity COVID-19

\$105,000 for Jan 1, 2025 – Jun 30, 2025

- Emergency preparedness and response activities for COVID-19, including surveillance, epidemiology, infection control, and mitigation
- Sustain local capacity for infection prevention for high-risk populations
- Provide culturally appropriate community education and outreach



Foundational Public Health Services (FPHS)

\$2,314,000 for July 1, 2024 – Jun 30, 2025

Full disbursement previously provided in August 2024, informational only.

- **Assessment: CHA/CHIP - \$90,000**
- **Lifecourse: chronic disease prevention, community health workers, injury prevention, senior falls prevention - \$384,000**
- **EPH leadership capacity - \$150,000**
- **Immunization Outreach - \$75,000**
- **Local finance capacity - \$62,000**
- **Communications: Blueprint, Communications Manager \$202,000**
- **Emergency Preparedness and Response \$202,000**
- **Communicable Disease Tuberculosis - \$17,000**
- **EPH Core Team - \$160,000**
- **EPH Water System Capacity - \$149,000**

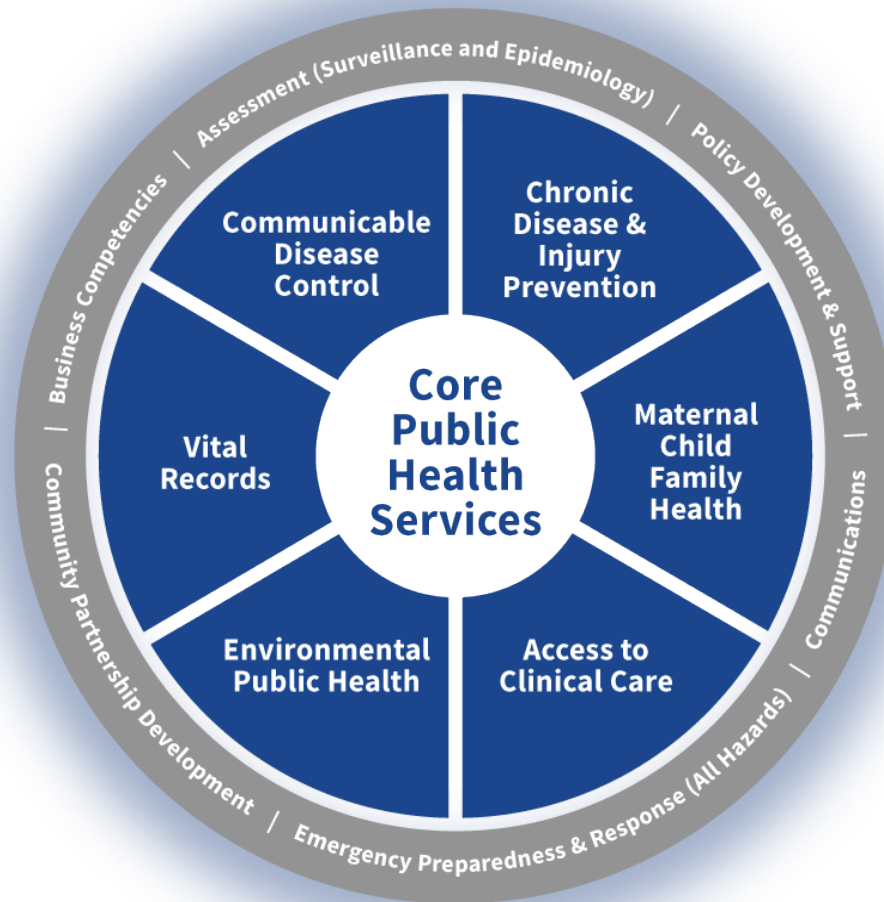


Foundational Public Health Services (FPHS) - Quick Refresher

- FPHS Steering Committees guide funding areas and definitions using a consensus-based approach with local allocation.
- Funds ensure core public health services in all counties.
- The Legislature allocates FPHS funding yearly. Funds must be spent by June 30 or returned to the State Treasury—no carryover.
- We receive half of our funding in July and the rest in January.



Foundational Public Health Services



PROGRAMS



CAPABILITIES



MEETING LOCAL NEEDS



Women, Infants, and Children (WIC) Nutrition Program

\$202,398 for January 1, 2025 – December 31, 2027

- Nutrition education services to participants
- Issue WIC benefits
- Breastfeeding promotion and peer counseling activities
- Provide care navigation services and referrals
- Farmers Market Nutrition Program (FMNP) - May and September



Puget Sound Partnership Island Local Integrating Organization (ILIO)

\$150,000 for October 1, 2024 – September 30, 2025

- Fund ILIO Coordinator position
- Ecosystem Coordination Board Meeting
- Convene ILIO Technical Committee and Executive Committees to advance Island County projects
- Partners from across Water Resources Inventory Area 6 (Whidbey & Camano)



Consolidated Contract Am. 2 Summary

\$92,073 Increase

- Community education and safety equipment (car seats and bicycle helmets) to prevent childhood Traumatic Brain Injury (TBI) \$5,000
- Beach Environmental Assessment, Communication, and Health (BEACH): \$10,800
- CDC Overdose to Action: Opioid Outreach funding to Human Services \$49,482 (from Am. 1 revised scope)
- WIC Nutrition additional allocation: \$76,273



Consolidated Contract Am.

3 Summary

Increase of \$428,554 for a revised maximum consideration of \$3,353,245

- Workforce development related to CDC Crisis Response Cooperative Agreement (TBI) \$104,135
- Public Health Infrastructure Grant from CDC: \$155,156
- Public Health Emergency Preparedness and Response (PHEP) \$33,149
- On-Site Sewage Systems Local Management Approach Implementation: \$27,674
- Wastewater Proviso: \$134,148



Discussion Questions

- Which programs would the Board be interested in learning more about?
- How can we share impact with the community to build trust and support?
- How can we use our funding to further a Health in All Policies approach?

Island County Board of Health

Legislative Tracking

Background

This document outlines legislative bills and includes resources, summary information, and links to bills. For additional information, please contact the following staff:

- **Shawn Morris, Public Health Director:** S.Morris@islandcountywa.gov
- **Lynda Austin, Human Services Director:** L.Austin@islandcountywa.gov

Environmental Public Health

Bill #	Abbrev. Title	Short Description	Status	WSAC	Priority
HB 1947	Group B public water systems	Reducing satellite management agency requirements for simple group B public water systems. New Group B public water systems are not required to be owned or operated by a satellite system management agency unless the water system: • is required to provide treatment to meet water quality standards; • provides fire flow; • has atmospheric storage; or • serves 10 or more service connections.	Passed Legislature to Governor	WSAC Supports: Provides flexibility for small Group B systems.	Medium

Behavioral Health

Bill #	Abbrev. Title	Short Description	Status	Sponsor	Priority
2SHB 1432 (SB 5477)	Mental health services	Improving access to appropriate mental health and substance use disorder services. Requires health carriers to provide meaningful benefits for mental health conditions and substance use disorder conditions it covers in every classification in which medical or surgical benefits are covered.	Passed House, in Senate Committee	WSAC Supports	Medium

Community Health

Bill #	Abbrev. Title	Short Description	Status	Sponsor	Priority
SHB 1531	Communicable disease	Preserving the ability of public officials to address communicable diseases.	Passed House; in Senate Floor Calendar	WSAC Supports: Supports evidence-based	High

				approach to outreach and prevention	
SSB 5163 (HB 1459)	Child fatalities	Modernizing the child fatality statute. Allows local health department child fatality review teams to collect new sources of data and reports from medical providers, law enforcement, criminal justice, social services, and school records.	Passed Senate; in House Committee	WSAC Supports: Improves understanding of causes of childhood mortality for effective intervention.	High
HB 1392	Medicaid Coverage	Increases Medicaid professional services rates up to the equivalent Medicare rates. HB 1392 and SB 5372 would ensure that Medicaid patients have improved access to essential services such as primary care, cancer treatments, joint replacements, OB-GYN and well-child care.	Passed House; in Senate Committee	WSAC Supports	Medium