



ISLAND COUNTY BOARD OF HEALTH

AGENDA

REGULAR SESSION

June 17th, 2025, 1:00 p.m.

Commissioners Hearing Room B102

Coupeville Annex Building

Meetings are available remotely. Those interested in attending the meetings by computer, tablet, or smartphone may use the following link: <https://tinyurl.com/IslandCountyBOH> or by telephone: 1-323-433-2396 Meeting ID 971 2319 5885 Pass code: 626749

Call to Order: June 17th, 2025, Regular Session of the Island County Board of Health

Additions or Changes to the Agenda:

Approval of the Minutes:

- May 20th, 2025, *Minutes*

Public Input/Comments: The Board values the public's input. This time is set aside to hear from the public on subjects of a health-related nature, not on the scheduled agenda. All information given is taken under advisement. Unless emergent in nature, no action is taken. To ensure proper recording of comments, state your name and address clearly into the microphone. Limit your comment to two minutes. The Board may entertain public comment on specific agenda items when discussed.

Resolution:

- Board of Health Representation Resolution, presented by Dr. Shawn Morris, Public Health Director. – *10 minutes*

Review a resolution allowing for limited alternate representation by the Mayor of Oak Harbor and the WhidbeyHealth Hospital Commissioner – *Attachment*

ACTION ITEM: Motion to approve Board of Health Representation Resolution HD-2025-01

Presentation:

- Legislative Summary, presented by Representative Dave Paul, – *15 Minutes*.

Discussion of priority updates for Island County following the conclusion of the legislative session.

Presentation:

Community Health Improvement Project Update, presented by Taylor Lawson, Deputy Director of Public Health, and Heidi Berthoud, Principal & Founder of Heidi Berthoud Consulting LLC – 45 Minutes.

A presentation and discussion on the Community Health Improvement Project (CHIP) progress to date and request for next steps— *Attachment*

Public Health Updates:

- Public Health Department Update, presented by Dr. Shawn Morris, Director of Public Health. – 5 minutes

Board Announcements:

Adjourn: The next regular session of the Island County Board of Health will be held on July 15th, 2025, at 1:00 p.m. in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.



ISLAND COUNTY BOARD OF
HEALTH
MINUTES
REGULAR SESSION
May 20th, 2025

The Island County Board of Health met in Regular Session on May 20th, 2025, in the Board of County Commissioners Hearing Room (Room #102B), Annex Building, 1 N.E. 6th Street, Coupeville, Washington.

Members present: Commissioner Janet St. Clair, Chair
Commissioner Melanie Bacon
Commissioner Jill Johnson
Commissioner Ron Wallin
Capt. Lund

Member present by video: Mayor Ronnie Wright

Members Excused:

<u>Others present:</u>	Taylor Lawson Melissa Overbury-Howland Kathryn Clancy Dr. Howard Leibrand (Online) Eric Brooks (Online) Megan Works	Shawn Morris Chris Kelley Lynda Austin Heather Kortuem (Online) James Golder, JD Keven Graves
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Call to order:

Commissioner St. Clair called the meeting to order at 1:05 p.m.

Approval of Agenda:

A motion to approve the agenda was approved unanimously.

Approval of Minutes:

The March 18th, 2025, Regular Session Minutes were approved unanimously.

Board member comment:

Commissioner Ron Wallin introduced Commissioner James Golder, JD, Board President to the WhidbeyHealth Board of Commissioners, as a potential alternate, and honored the memory of Hospital Commissioner Kate Rose.

Public Input or Comment:

There was no public comment.

Letter:

Dr. Shawn Morris, Public Health Director, presented a draft letter from the National Association of Counties (NACo) to congressional leadership elevating the importance of Medicaid Financing.

MOTION: All members of the Board of Health, with the exception of Captain Lund, due to being a liaison, approved sending the letter to the Secretary of Health, following a number of small edits.



ISLAND COUNTY BOARD OF
HEALTH
MINUTES
REGULAR SESSION
May 20th, 2025

Nominations:

Taylor Lawson, Public Health Deputy Director, presented two Community Health Advisory Board nominees, Lauri Johnson-Grimm and Nic Wildeman.

MOTION: All members of the Board of Health approved welcoming the nominees to the Community Health Advisory Board.

Presentation:

Dr. Shawn Morris, Public Health Director, presented a Health in All Policies Update.

Presentation:

Dr. Chris Kelley Ph.D., LG, Hydrogeologist, presented an update on the Island County Coordinated Water Systems Plan (CWSP).

Public Health Updates:

Dr. Shawn Morris, Public Health Director, gave an update on the Public Health budget, Health Matters, staff training, and community health guidance.

Board Member Comments and Announcements:

The Board met outside the commissioner's hearing room for a ribbon-cutting ceremony, unveiling Island County's new mobile outreach van.

The Regular Session adjourned at 3:04 p.m.

The next *Regular Session* of the Island County Board of Health will be held on June 17th, 2025, at 1:00 p.m. in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.

SUBMITTED BY:

Shawn Morris, Director of Public Health

Approved this 17th day of June, 2025.

BOARD OF HEALTH
ISLAND COUNTY, WASHINGTON

Janet St. Clair, Chair

**BEFORE THE BOARD OF HEALTH
OF ISLAND COUNTY, WASHINGTON**

**IN THE MATTER OF AUTHORIZING)
DELEGATED REPRESENTATIVES FOR)
DESIGNATED BOARD OF HEALTH MEMBERS)**

Resolution No. HD-2025-01

WHEREAS, RCW 70.05.030 authorizes the formation and governance structure of local Boards of Health; and

WHEREAS, the Island County Board of Health includes designated seats for the Mayor of Oak Harbor and a WhidbeyHealth Hospital Commissioner, both of whom may have limited availability due to their primary roles; and

WHEREAS, it is in the public interest to ensure consistent representation from these entities on the Board of Health to promote coordination and continuity in public health governance; and

WHEREAS, Island County Code 8.01.040 establishes the membership of the Board of Health, including the positions held by the Mayor of Oak Harbor and the WhidbeyHealth Hospital Commissioner; and

NOW, THEREFORE, LET IT BE RESOLVED by the Board of Health of Island County, Washington, that:

1. The Mayor of Oak Harbor may delegate their seat to another elected official of the City of Oak Harbor, such as a City Council member.
2. The WhidbeyHealth Hospital Commissioner may delegate their seat to another currently serving WhidbeyHealth Commissioner.
3. A written delegation request must be submitted to the Clerk of the Board of Health, specifying whether it is for a specific meeting or on a standing basis.
 - a. The proposed delegate shall be subject to review and approval by a majority vote of the Board of Health.

This resolution shall take effect immediately upon adoption.

PASSED AND APPROVED on this 17th day of June, 2025.

**BOARD OF HEALTH
ISLAND COUNTY, WASHINGTON**

ATTEST:

Commissioner Janet St. Clair
Board of Health Chair

Dr. Shawn Morris, Public Health Director

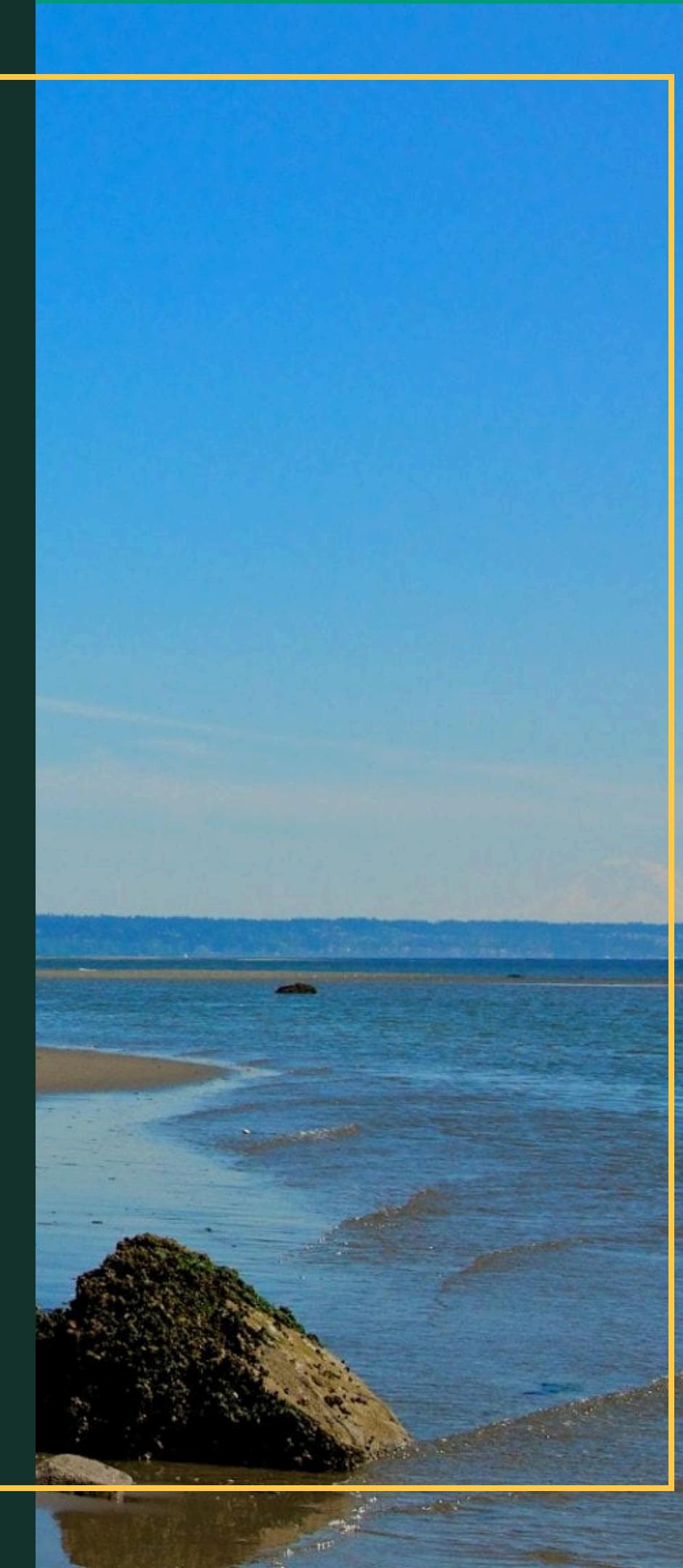


Heidi Berthoud
Consulting

CHIP Overview: Island County Board of Health

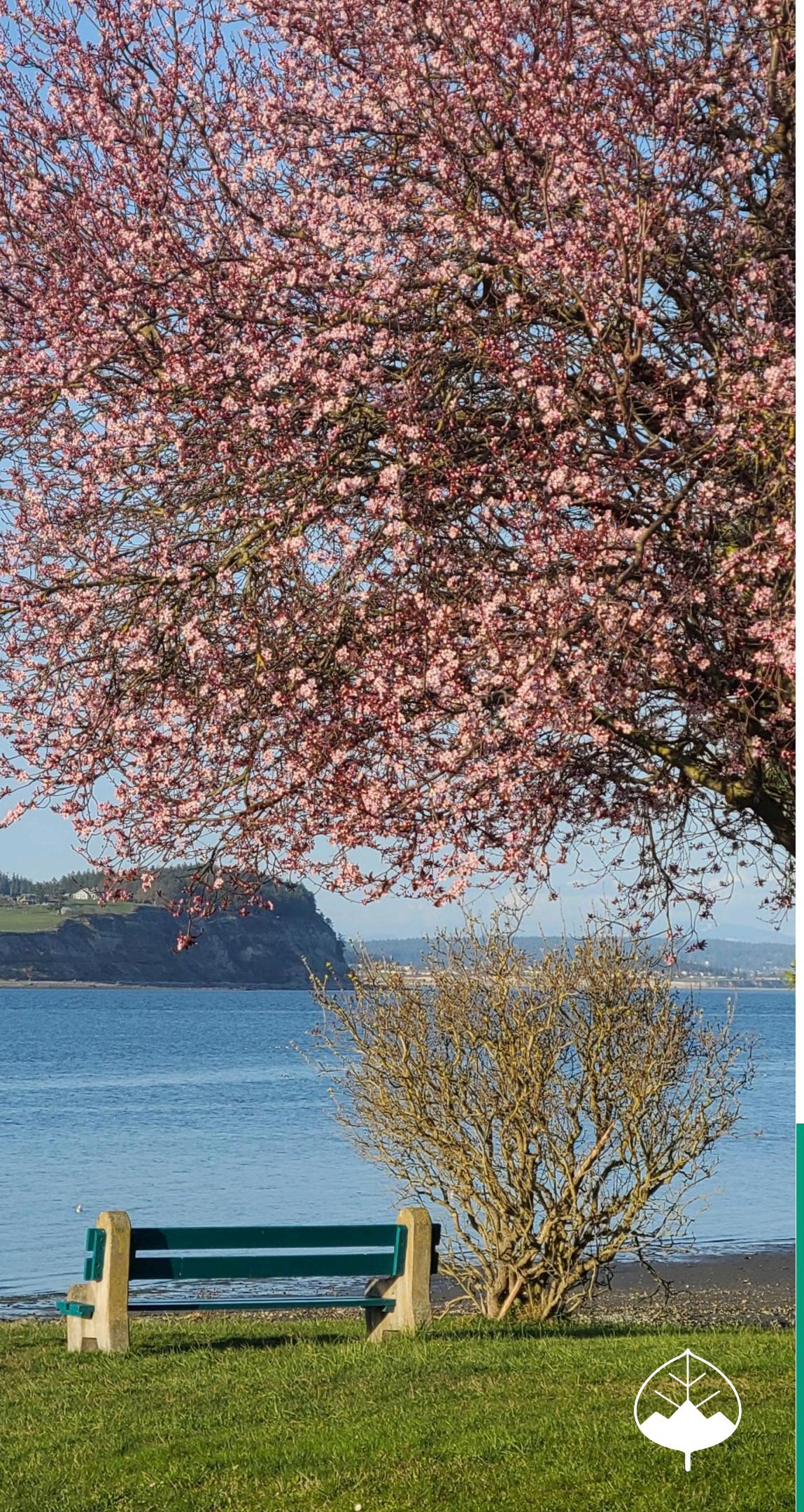
June 17, 2025

Island County Public Health



Today's Agenda

-  **Welcome & Introductions**
-  **CHA & CHIP Process Overview**
-  **CHAB Conversation Overview**
-  **Next Steps**



Heidi Berthoud, MPH

Founder, Owner, Principal
Consultant



Heidi is the founder of Heidi Berthoud Consulting and has worked in public health, research, and health care for more than 20 years.

Heidi works with public health departments and health and social service nonprofit organizations conducting community health assessments, program evaluations, and helping teams collect data they can use to improve health. All of HBC's work is focused in the Pacific Northwest.

She is passionate about community focused data collection, rural and remote health care, and making public health data accessible to everyone.



Pronouns: she/her/hers



Heidi Berthoud
Consulting



CHA & CHIP Overview





What is a CHA?



A community health assessment (CHA) is a process of systematic data collection about a defined community to understand:

- Important health needs
- Uncover public health gaps
- Highlight existing strengths and community assets



Social Drivers of Wellbeing





Benefits of Conducting a CHA

Helps the health department or hospital system do the following:



Understand what health issues need to be addressed



Design programs or form partnerships to address those needs

Improve health systems





How We Engage Community



We engage the community through:

- Community leader interviews
- Focus groups
- Direct outreach
- Ongoing relationship building
- Sharing the final report with the community

Benefits:

- Increased engagement with Public Health
- Inclusion of diverse voices that are often not represented



Methods We Used

English and Spanish



Community
Survey



Focus
Groups



Interviews



Health
Indicators



What We Heard



**Mental Health
Care Service
Availability**



**Health Care
Access and
Availability**



**Housing
Access and
Affordability**



**Senior
Health and
Supports**

Strong Community Assets

Local nonprofits, healthcare systems, faith communities

Clear Connections

Themes aligned with the social drivers of health and wellbeing





What is a CHIP?



Purpose:

A Community Health Improvement Plan is a process to improve community health by addressing the issues identified in the CHA and any other issues prioritized by ICPH and community partners.

A strategic roadmap for improving health outcomes and quality of life for all residents over the next 3-5 years.





Benefits of a CHIP



Community-driven

Based on local input and data

Action-oriented

Builds upon your community health assessment

Collaborative

Aims to foster partnerships across all sectors

Equity-focused

Addresses gaps in health access and care



CHIP Lifecycle



Island County Public Health

CHIP Timeline



Summer: Board of Health Engagement

- Board of Health workshop to review CHAB input
- Final prioritization decisions
- Resource allocation discussions
- Partnership commitment conversations

Fall: Community Data Walks

- Neighborhood-level engagement sessions
- "Data walks" in different community areas
- Spanish-language specific engagement
- Youth and senior-focused sessions
- Community organization partnership meetings

Winter: Plan Development

- Draft CHIP development based on all community input
- Strategy development with community partners
- Goal setting and outcome measurement planning
- Resource mapping and funding strategy

Spring: Plan Finalization & Launch

- Final community review of draft CHIP
- Board of Health adoption
- Implementation planning with community partners
- Public launch and commitment ceremonies

CHIP Year 1: Foundation Building

- Establish working groups for priority areas
- Develop partnerships and formal agreements
- Secure initial funding and resources
- Launch first initiatives and pilot programs

Years 2-3: Implementation & Expansion

- Full program implementation
- Regular monitoring and adjustment
- Expansion of successful strategies
- Continued community engagement and feedback

Years 4-5: Evaluation & Planning

- Comprehensive evaluation of outcomes
- Community impact assessment
- Planning for next CHIP cycle
- Celebration of achievements and learning from challenges



Prioritization Process



CHIP Prioritization Matrix							
Health Need	Source	What is the organizational capacity to support this need directly?	Is there existing infrastructure in place to support this need?	Are there established relationships or partners to support or address this need?	Is there ongoing investment (\$ or otherwise) in place or available to support this need?	Was this previously a CHIP focus area (if applicable)?	Was this a priority from previous CHA? (if applicable)
		High, Medium, Low	Yes or No	Yes or No	Yes or No	Yes or No	Yes or No



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Seven CHIP Priorities



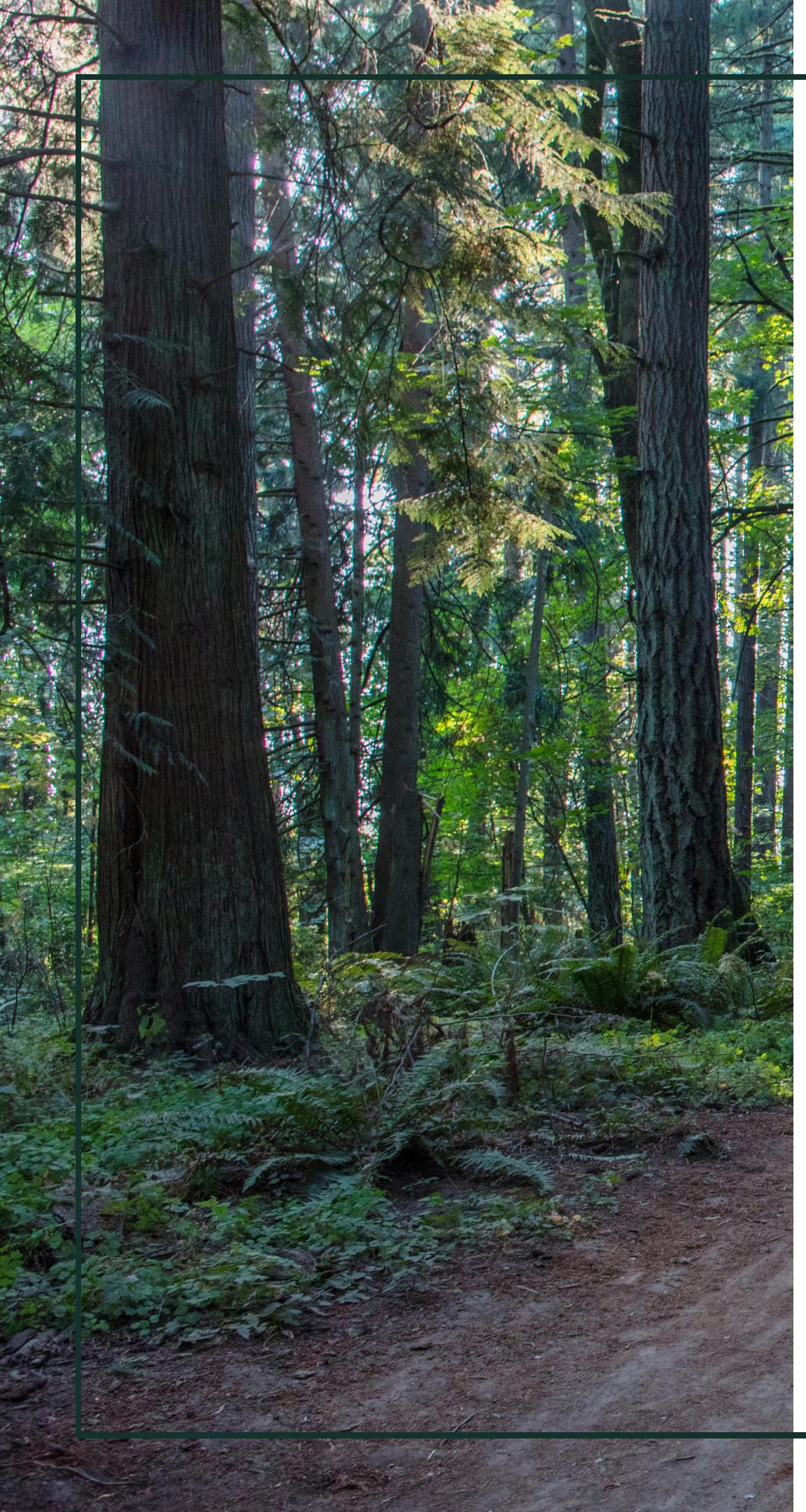
- 1. Housing Access & Affordability (CHA)**
- 2. Climate Health Adaptations**
- 3. Healthcare Access & Availability (CHA)**
- 4. Mental Healthcare Service Availability (CHA)**
- 5. Senior Health & Supports (CHA)**
- 6. Food Security**
- 7. Childcare Access**





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Consulting

Questions?



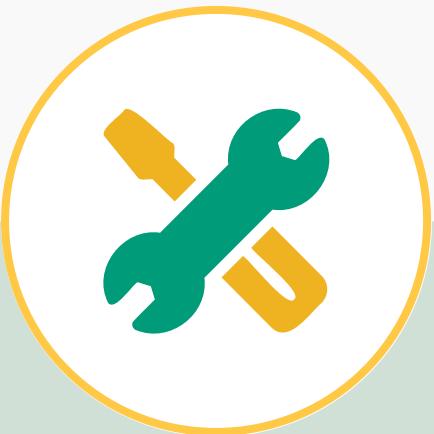


CHAB: Overview of the Facilitated Community Conversation



CHAB'S Role

As Community Experts, Please:



- Share your expertise about community opportunities and needs.



- Provide a real world assessment of what's possible in your community.



- Identify partnership opportunities and areas of overlap and support.



- Give honest input and be ready to make decisions!

Your advisory input will help shape recommendations to the Board of Health and inform our community engagement strategy.



Facilitated Community Conversation



Objective
Reflective
Interpretive
Decisional

Why we chose ORID:

- Ensures everyone's input matters
- Prevents rushed decisions
- Balances head and heart
- Creates shared ownership



CHAB Decision- Making Process

<u>Objective</u>	<u>Reflective</u>	<u>Interpretive</u>	<u>Decisional</u>
<p>What? Senses - see, hear, taste, feel, smell</p> <p>What are your gut reactions about the urgency and community readiness for each priority?</p> <ul style="list-style-type: none">• Which priorities feel most urgent to you personally?• Where do you sense the most community energy or concern?• What feels overwhelming or challenging?• Where do you see the most hope or momentum?• What programs support or promote equity?	<p>Gut? Heart - emotions, memories, associations</p> <p>What are your gut reactions about the urgency and community readiness for each priority?</p> <ul style="list-style-type: none">• Which priorities feel most urgent to you personally?• Where do you sense the most community energy or concern?• What feels overwhelming or challenging?• Where do you see the most hope or momentum?• What programs support or promote equity?	<p>So what? Head - meaning, value, significance</p> <p>What do these patterns tell us about our community's capacity and priorities?</p> <ul style="list-style-type: none">• Which priorities have the strongest existing foundation?• Where do we see the most overlap or synergy opportunities?• What partnerships would be game-changers?• Which priorities face the biggest barriers right now?	<p>Now What? Action - resolution, next steps</p> <p>If we could focus intensive community effort on only 3 priorities over the next 3 years, which would you recommend?</p>



Large Group

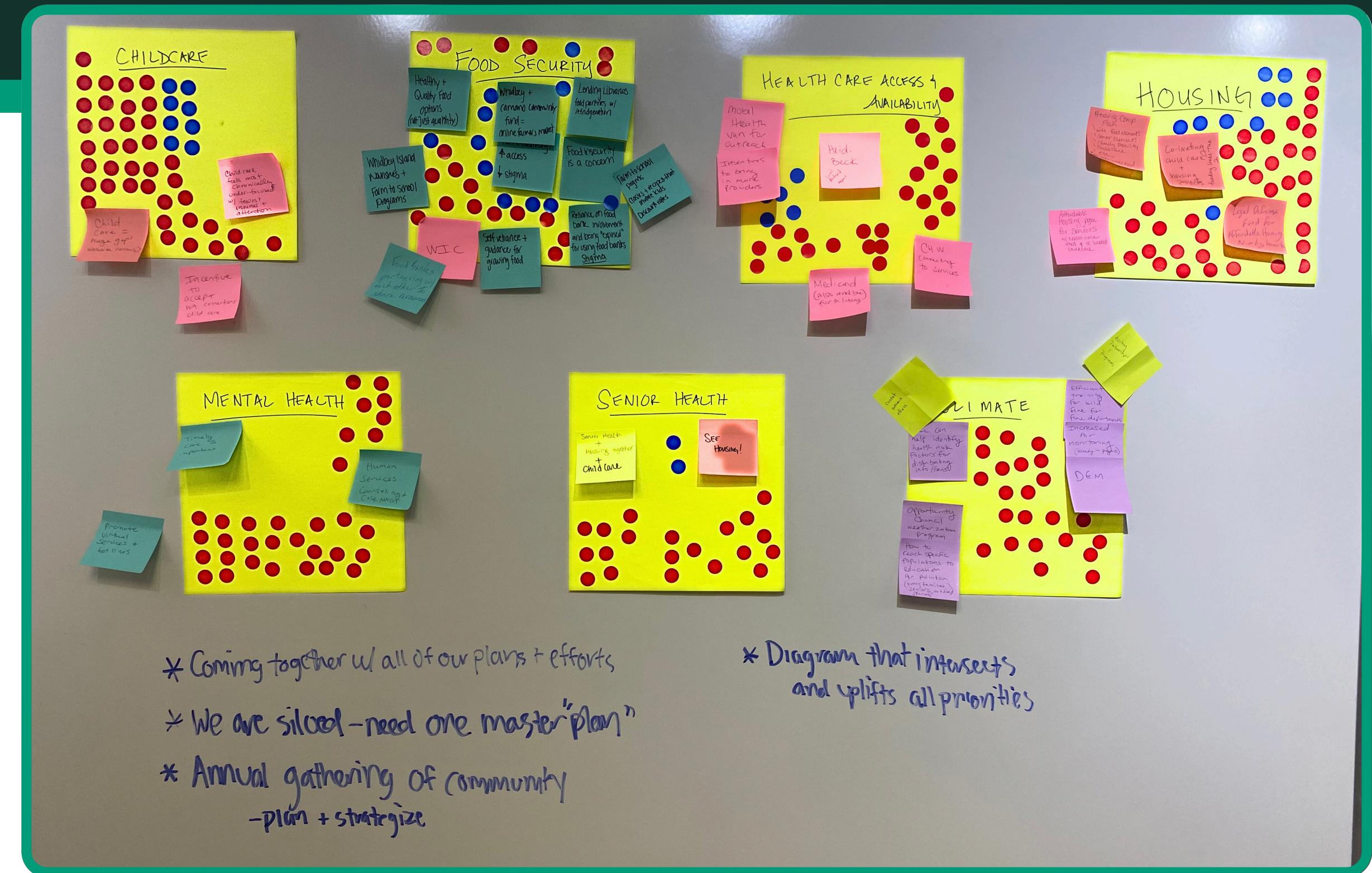
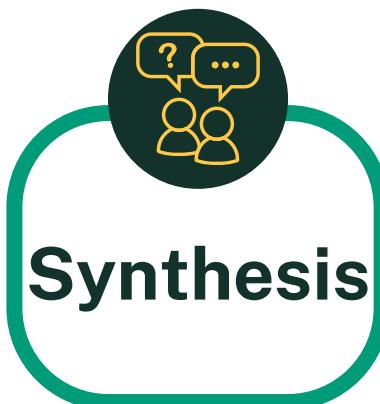
Decisional

Decision Criteria Reminder:

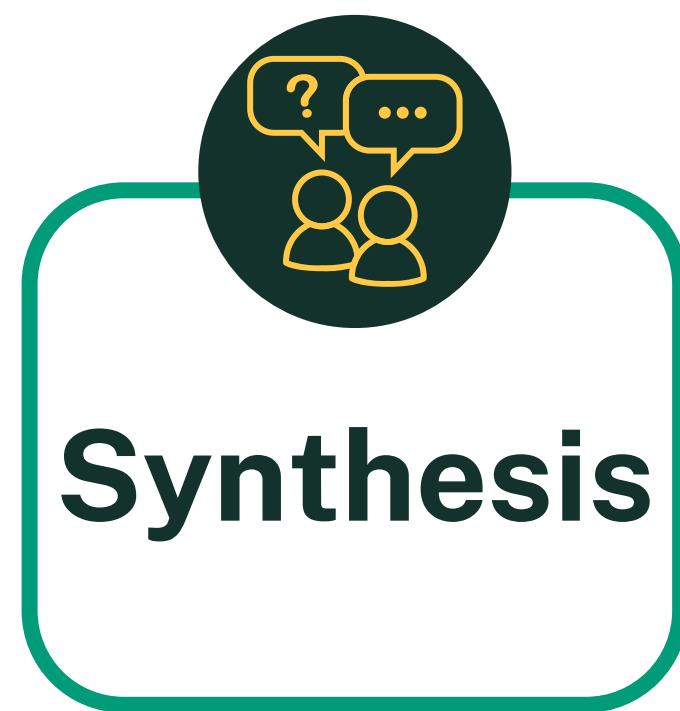
- ***Urgency of need***
- ***Community readiness***
- ***Existing momentum***
- ***Partnership potential***
- ***Equity impact***



Key Insights Summary



Key Insights Summary



What are the top three?

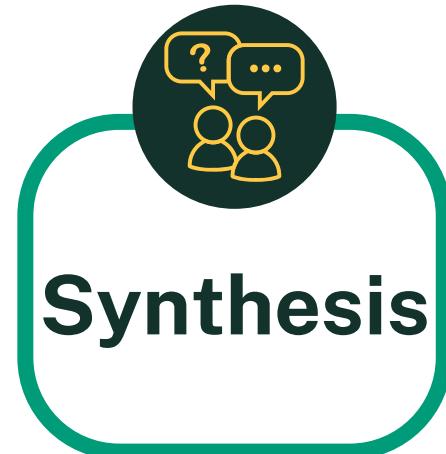
What key themes emerged?

What gaps emerged?

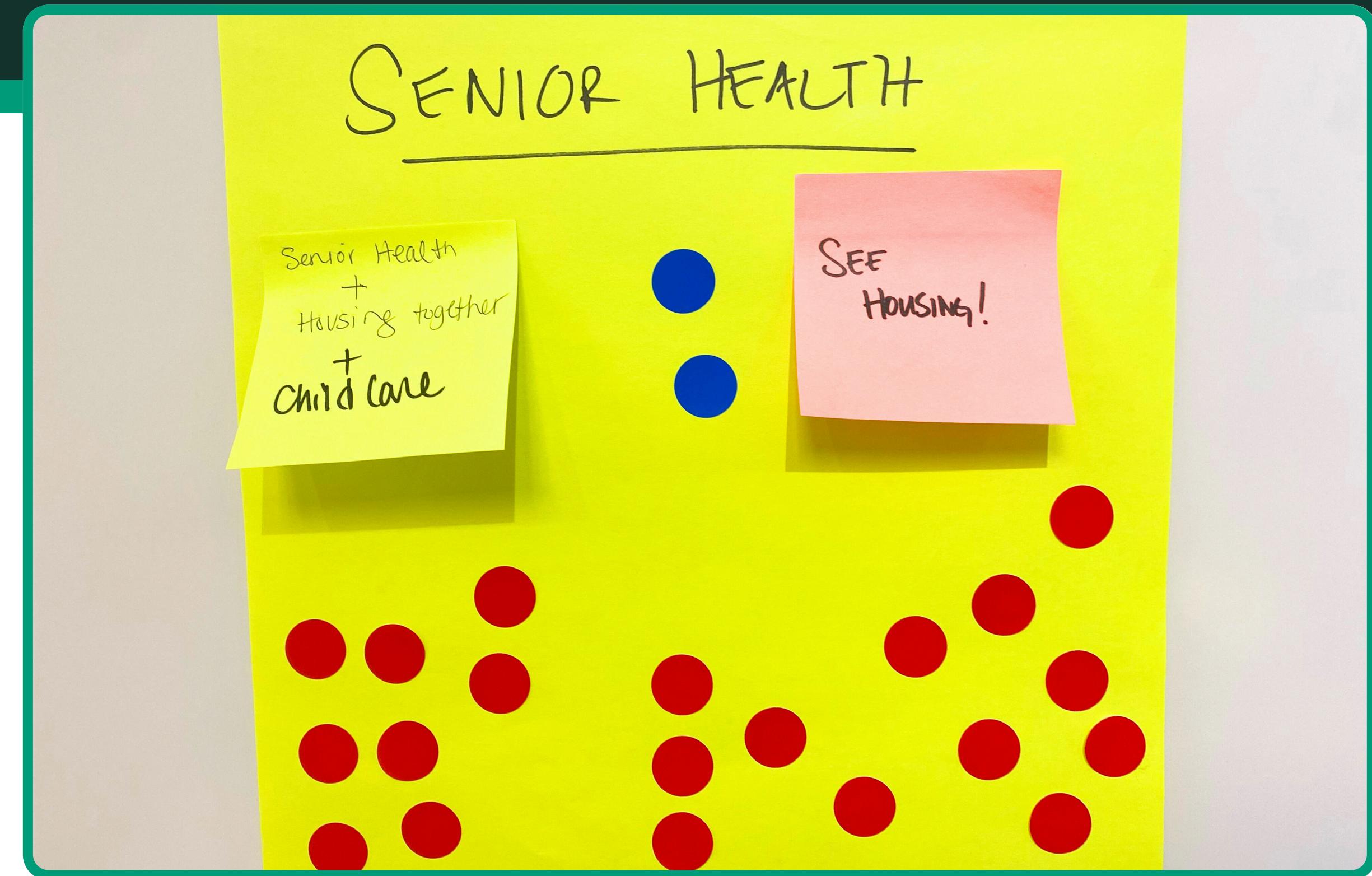
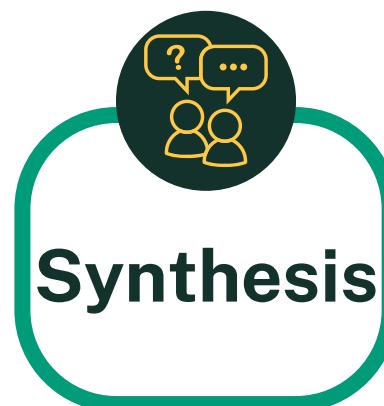
Did we miss anything?



CHAB Priorities



CHAB Priorities



CHAB Priorities



Synthesis

- * Coming together w/ all of our plans + efforts
- * We are siloed - need one master "plan"
- * Annual gathering of community
 - plan + strategize



How We'll Use What We Learned



- **Inform Board of Health recommendations**
- **Guide partnership outreach strategy**
- **Shape community engagement approaches for data walks**
- **Influence CHIP focus and resource allocation discussions**



Next Steps in the Timeline



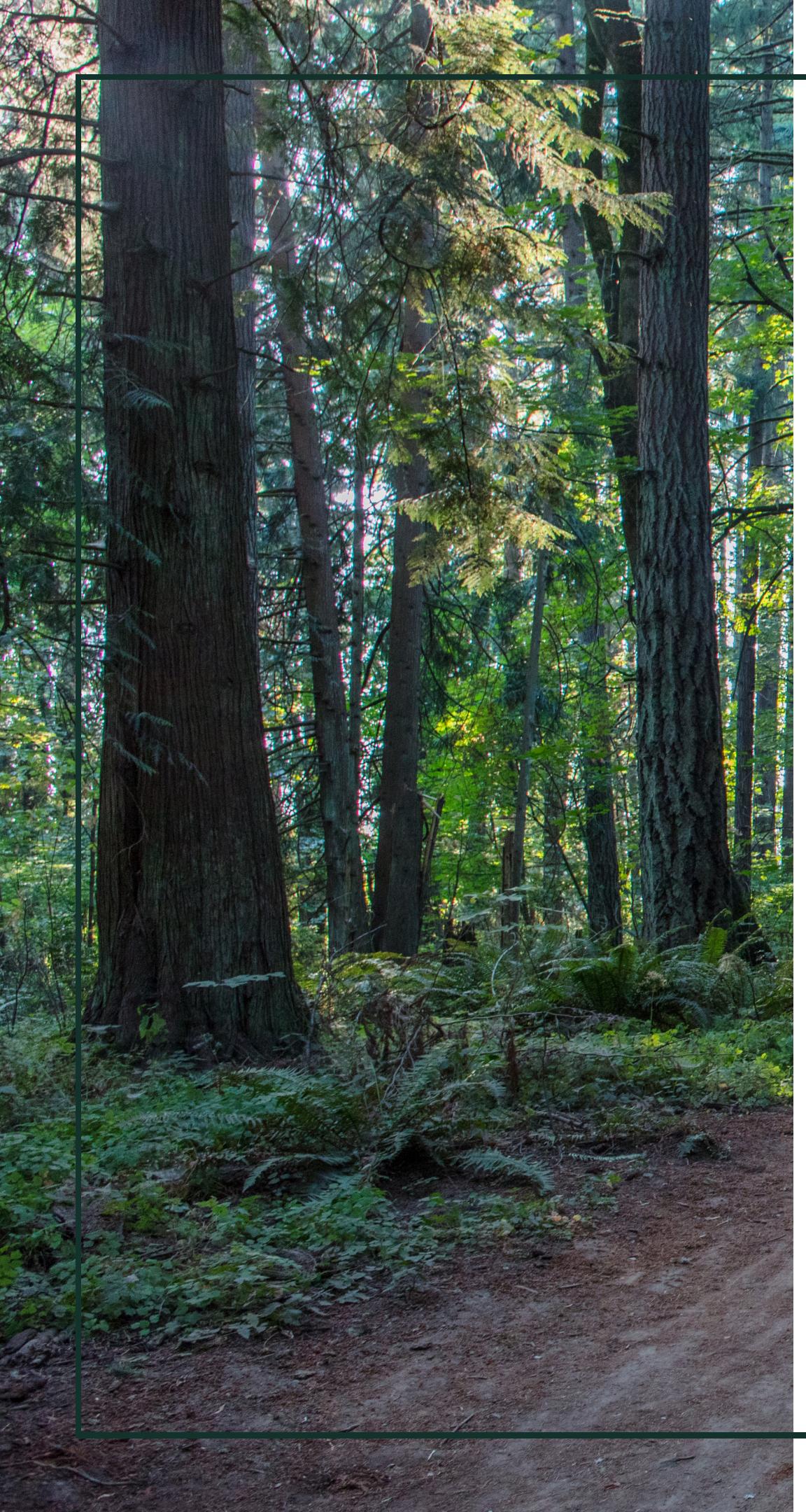
- **Board of Health presentation:**
 - **June 2025**
- **Community data walks:**
 - **September-November 2025**
- **Plan development and finalization:**
 - **December 2025-February 2026**



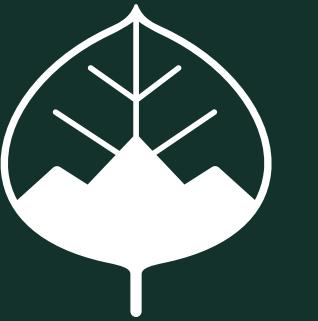


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Consulting

Questions?



THANK YOU



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Island County Public Health

CHIP Timeline



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CHIP Prioritization Matrix



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		High, Medium, Low	Yes or No	Yes or No	Yes or No	Yes or No	Yes or No
Housing Access and Affordability	CHA	High for septic infrastructure support and Medium for housing assistance and affordable housing development for Human Services (HS).	Yes	Yes	Yes	Yes	Yes
Climate Health Adaptation	ICPH Team	Medium for emergency response and planning related to heat and wildfire smoke and CHW outreach. High capacity for supporting ongoing coastal adaptation.	Yes	Yes	Yes	No	No
Health Care Access and Availability	CHA	High for PH and HS for care coordination and linkages.	Yes	Yes	Yes	Yes	Yes
Mental Health Care Service Availability	CHA	Low for Public Health. High for Human Services.	Yes	Yes	Yes	Yes	Yes
Senior Health and Supports	CHA	Medium for partner collaboration and resource sharing for senior health.	Yes	Yes	Yes	No	No
Food Security	ICPH Team	Medium for PH and HS to provide food assistance and support access to food security programs, and assess food security challenges.	Yes	Yes	Yes	No	No
Childcare Access	CHA	Low	No	Yes	Yes	No	No

CHIP Prioritization Matrix



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Consulting

Health Need	OBJECTIVE: What work is already happening? Programs, initiatives, services? Which organizations are involved? What resources are allocated?	REFLECTIVE: Which feels most urgent? Where is the community energy? Where is there optimism? What feels challenging? Where is equity?	INTERPRETIVE: What does this tell us about capacity and priorities? Where are opportunities for partnerships? What would be a game-changer?	DECISIONAL: If we could focus intensive community effort on only 3 priorities over the next 3 years, which would you recommend?
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Housing Access and Affordability				
Climate Health Adaptation				
Health Care Access and Availability				
Mental Health Care Service Availability				
Senior Health and Supports				
Food Security				
Childcare Access				