



ISLAND COUNTY BOARD OF HEALTH

AGENDA

REGULAR SESSION

July 16, 2024, 1:00 p.m.

Commissioners Hearing Room B102

Coupeville Annex Building

Meetings are available remotely. Those interested in attending the meetings by computer, tablet, or smartphone may use the following link: <http://tinyurl.com/ICBoardOfHealth> or by telephone: 1-323-433-2396 Meeting ID 971 2319 5885 Passcode: 626749

Call to Order: July 16th, 2024, Regular Session of the Island County Board of Health

Additions or Changes to the Agenda:

Approval of the Minutes:

- June 18th, 2024, Minutes

Public Input/Comments: The Board values the public's input. This time is set aside to hear from the public on subjects of a health-related nature, not on the scheduled agenda. All information given is taken under advisement. Unless emergent in nature no action is taken. To ensure proper recording of comments, state your name and address clearly into the microphone. Limit your comment to two minutes. The Board may entertain public comment on specific agenda items when discussed.

Presentation:

- Regional Department of Health Office Update, presented by Katherine Shulock, MPH, and Dr. Herbie Duber, MD. – 20 minutes

A review of the regional Washington State Department of Health office and collaborative approach with local public health departments. – *Attachment*.

Presentation:

- Group A Water Systems Management, presented by Derek Pell, PE - 20 minutes

A review of the water quality management of Group A Water Systems. Presentation from Northwest Regional Office of Washington State Department of Health.

Updates:

- Financial Update, presented by Public Health Director, Dr. Shawn Morris. – 15 minutes

A review of the community impact of FPHS investments and the Consolidated Contract Amendment 20 - Foundational Public Health Services (FPHS) bi-annual funding. – *Attachment.*

- Public Health Update, presented by Public Health Director, Dr. Shawn Morris and Dr. Leibrand, Island County Health Officer. *10 minutes*

Discussions on: heat preparedness; Candida Auris; Dengue Fever. – *Attachment.*

Board Announcements:

- Cancellation of the August 20th, 2024, Board of Health regular session.

Adjourn: The next *Regular Session* of the Island County Board of Health will be held on **September 17th, 2024, at 1:00 p.m.** in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.



ISLAND COUNTY BOARD OF
HEALTH
MINUTES
REGULAR SESSION
June 18th, 2024

The Island County Board of Health met in Regular Session on June 18th, 2024, in the Board of County Commissioners Hearing Room (Room #102B), Annex Building, 1 N.E. 6th Street, Coupeville, Washington.

Members present:

Commissioner Melanie Bacon, Chair
Commissioner Janet St. Clair
Commissioner Ron Wallin
Capt. Althoff

Member present by video:

Members Excused:

Mayor Ronnie Wright
Commissioner Jill Johnson

Others present:

Dr. Shawn Morris
Dwight Lundstrom (Online)
Shannon Leatherwood (Online)
Jen Schmitz
Lynda Austin
Eric Brooks

Dr. Howard Leibrand (Online)
Steve King (Online)
Melissa Overbury-Howland
Megan Works
Shannon Fitzmaurice
Taylor Lawson

Call to order:

Commissioner Bacon called the meeting to order at 1:02 p.m.

Approval of Agenda:

Agenda was approved as presented.

Approval of Minutes:

By unanimous vote, the May 21st, 2024, Regular Session Minutes were approved.

Public Input or Comment:

No Public Comment

Contract:

Public Health Director, Dr. Shawn Morris, presented Health Officer Contract HD-01-2021 Amendment No. 5 to extend the contract period 5 years from 6/30/2024 to 6/30/2029 with Dr. Howard Leibrand for continued service as the Island County Health Officer.

Motion: By unanimous vote, Contract HD-01-2021, Amendment No. 5 was approved.



ISLAND COUNTY BOARD OF
HEALTH
MINUTES
REGULAR SESSION
June 18th, 2024

Panel Discussion:

Superintendents Dwight Lundstrom and Steve King discussed the physical and behavioral needs of Island County students.

Presentation:

Taylor Lawson, Assessment Supervisor, presented the Healthy Youth Survey data.

Presentation:

Public Health Director, Dr. Shawn Morris, and Eric Brooks, Emergency Management Deputy Director, presented on extreme heat and wildfire smoke readiness, and partner engagement.

Public Health Updates:

- Public Health Director, Dr. Shawn Morris, presented a financial update.

Board Member Comments and Announcements:

The Regular Session adjourned at 2:50 p.m.

The next *Regular Session* of the Island County Board of Health will be held on July 16th, 2024, at 1:00 p.m. in the Commissioners Hearing Room (B102) in the Coupeville Annex Building.

SUBMITTED BY:

Shawn Morris ND, Public Health Director

Approved this 16th day of July, 2024.

BOARD OF HEALTH
ISLAND COUNTY, WASHINGTON

Melanie Bacon, Chair



REGIONAL HEALTH OFFICES
Washington Department of Health

Presenters



Herbie Duber, MD, MPH

Regional Medical Officer

WA DOH

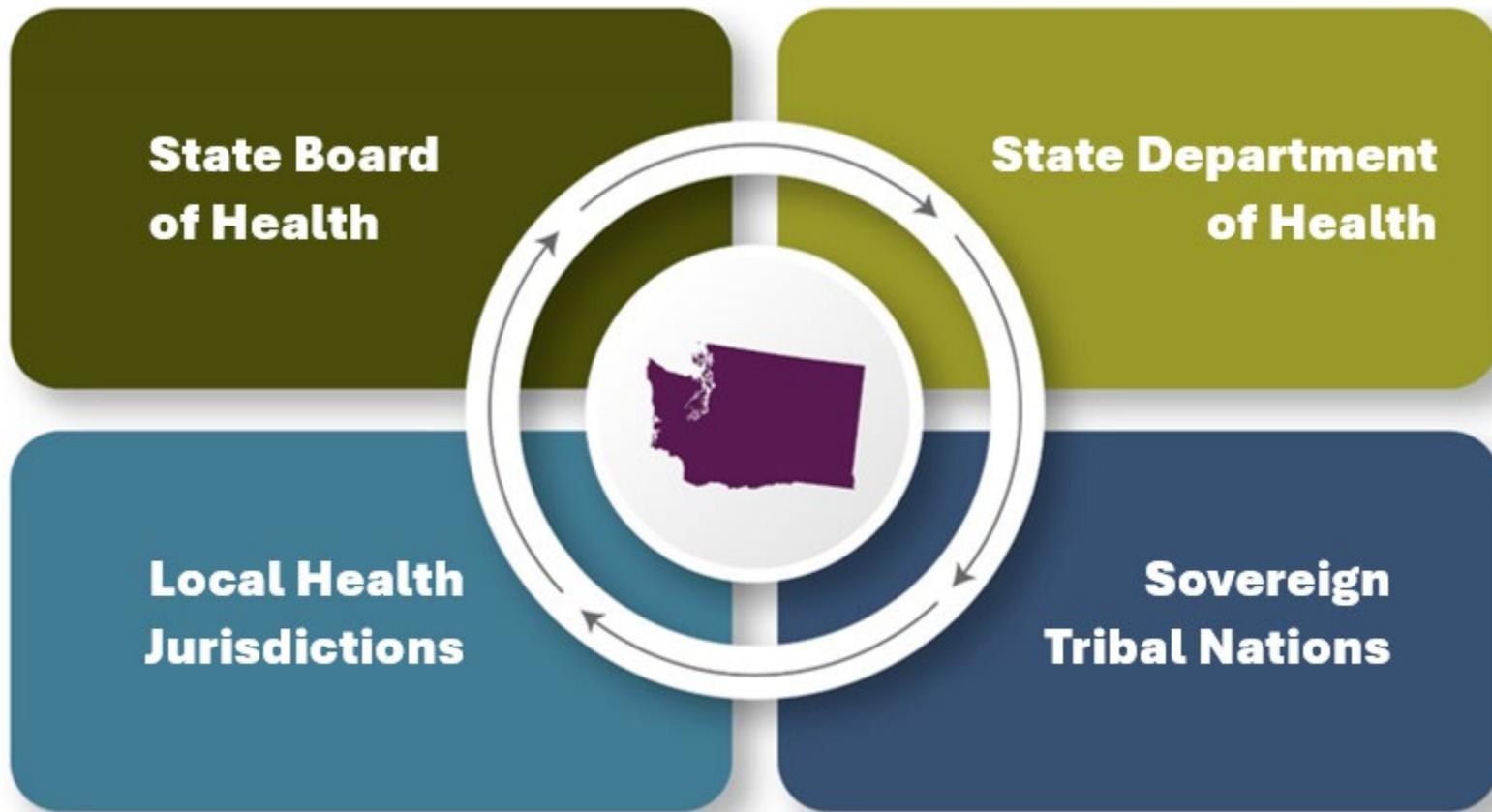


Katherine Shulock, MPH

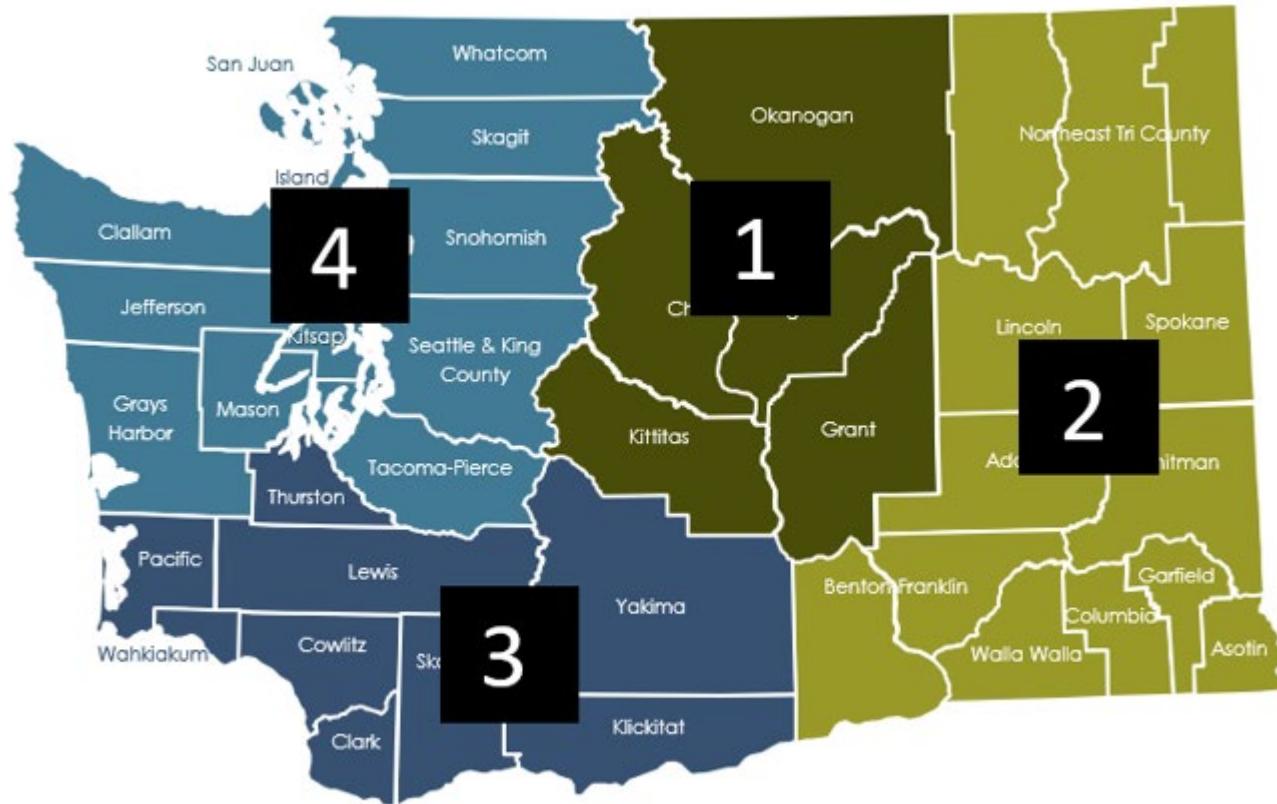
Regional Liaison

WA DOH

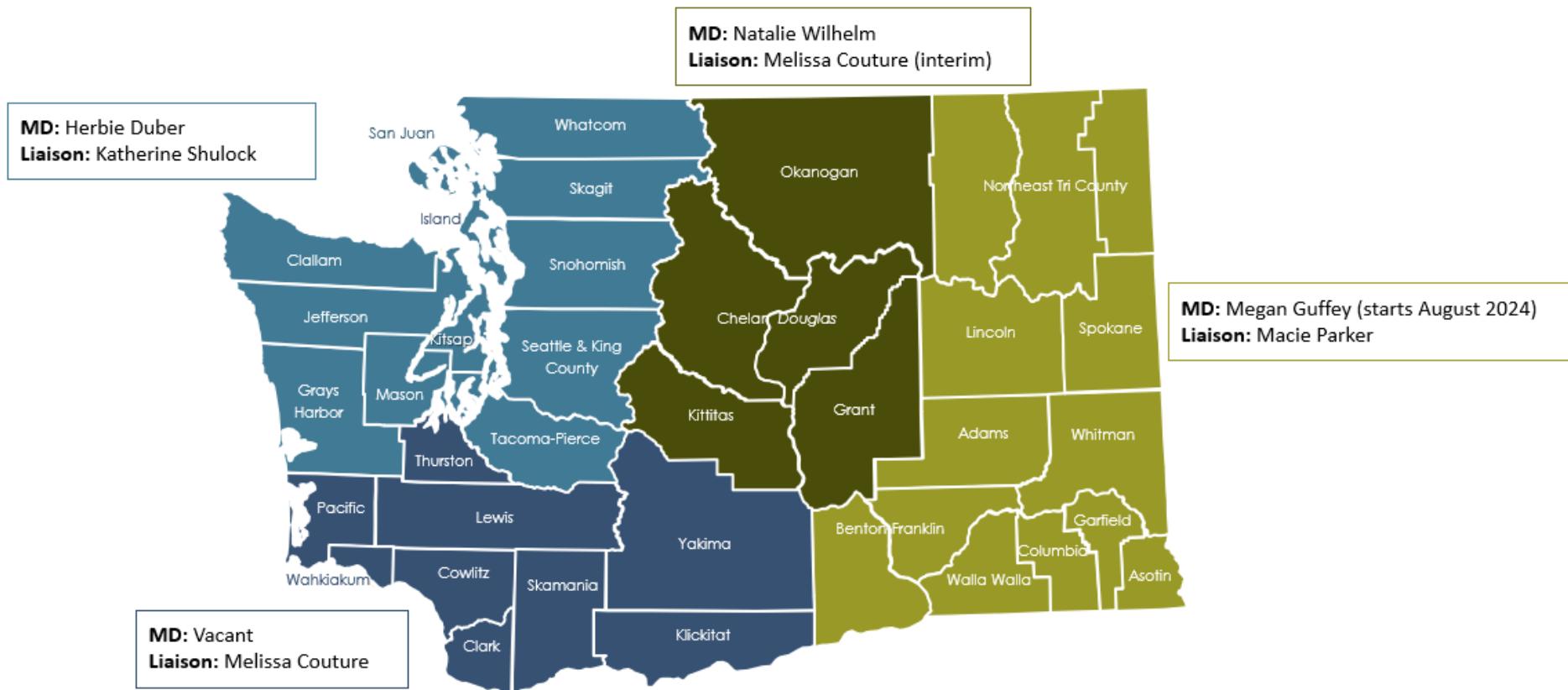
The Governmental Public Health System



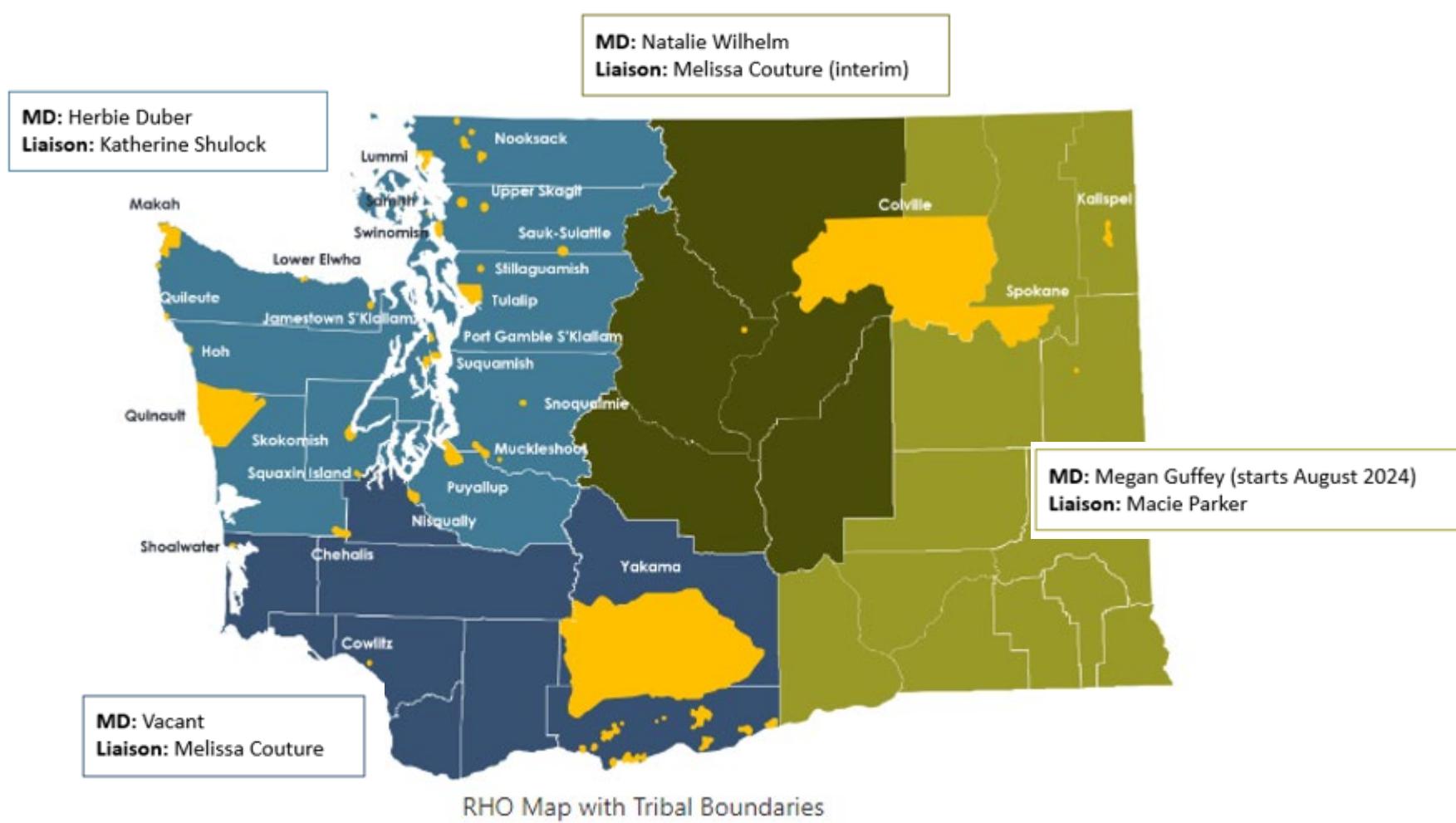
4 Regional Health Offices



Regional Health Offices & WA County Health Depts



Regional Health Offices & Tribal Nations



2024 Priorities and beyond



Partnership Development

Tribes
SBOH
Regional Organizations
Other State Agencies

Regional Services

Health Officer Coverage
Epi Support
Communications Support
Technical Assistance

Build Communications

Enhance collaboration
Make connections
Improve bidirectional communication

WA DOH Regional Health Offices

Contact & Resources:

Herbert.Duber@doh.wa.gov

Katherine.Shulock@doh.wa.gov

RHOteam@doh.wa.gov

[Regional Health Offices Site](#)

[Regional Health Offices 2023 Annual Report](#)



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Foundational Public Health Services

Island County Public Health

July 16, 2024



Foundational Public Health Services (FPHS)

A statewide set of core public health services.

- **We receive \$2,314,000 annually**
- **Consolidated Contract Amendment 20**



Program Direction

- Local assessment and community engagement (CHA/CHIP)
- Steering groups
- State guidelines with local control over policy, budget, and programs



A scenic coastal landscape at sunset. The sun is low on the horizon, casting a warm orange glow over the ocean and the sandy beach below. A dirt path leads down the side of a grassy hill towards the beach. The sky is clear and blue. The overall atmosphere is peaceful and scenic.

**Today, we are sharing a snapshot of
our community impact related to
these foundational investments**

Data is from June 2023 – May 2024

Launched communications strategy via social media, newsletters, print media, and provider alerts

Facebook Page Visits

3.8K 32.8%

Facebook Post Reach

30.5K 46.3%

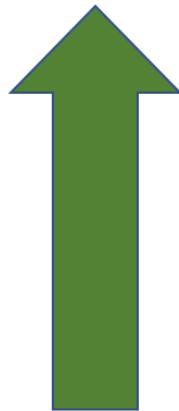
Instagram Profile Visits

223%

Instagram Profile Visits

344.7%

*Since January 2024





Supported the
Community Health
Assessment (CHA)

- 1,111 Surveys collected
- Conducted 5 focus groups, with over 50 participants from underserved communities
- 23 stakeholder interviews completed
- Over 100 health indicators included





Supports assessment, including preparedness, Human Services epidemiology, and health planning

- Response to extreme heat and wildfire smoke
- Shared multiple articles with Health Matters
- Supporting implementation of Julota
- Developed quarterly reports for Human Services





Supports staffing for core Environmental Public Health (EPH) programs, including leadership, drinking water, on-site systems, and food safety.

Staffing for on-site septic (OSS) permitting

- Average review timelines for on-site permits: 36 days (2024 data)
- 689 permits issued (June 2023 – May 2024):
 - 372 - New or Tank Only
 - 219 – Repair or tank replacement
 - 98 – Other



Improving technical assistance to water systems, including Group B community systems

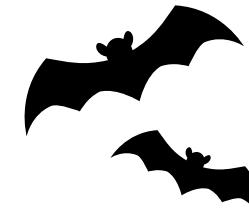
- 319 Water Availability Verifications (WAVs) issued
- 21 well site inspections
- 40 sanitary surveys of water systems
- 500+ technical assistance calls/visits





Supports zoonotic
disease prevention

- User-friendly webpages developed
- Regular social media posts
- Establishing a community of practice with veterinarians
- 100+ calls received and support provided
- 10 outreach events



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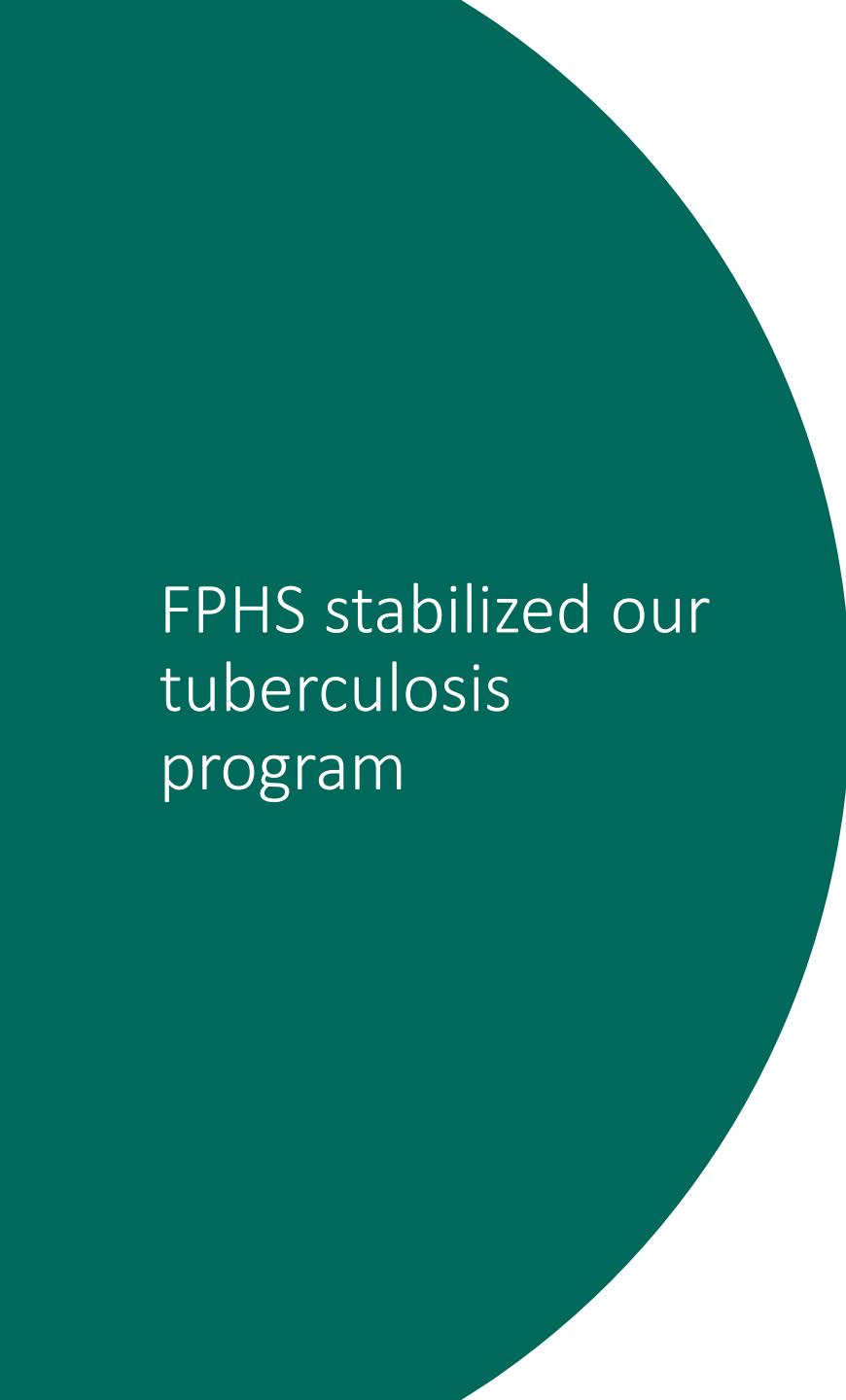
Supports our food safety program, including inspections, procedure development, and communications

- 444 food service establishment licenses issued
 - 25 - Camano
 - 419 – Whidbey
- 209 temporary event permits issued
- 59+ weekend festivals/events staffed
- 82 food safety complaints investigated
- Industry meeting held, website design improved, Food Safety Newsletter launched



Supports surveillance
and investigation efforts
to control the spread of
infectious diseases

- 166 Sexually Transmitted Infections (STIs) cases managed
- 401 other CD cases managed
- Large quantities of tests and masks distributed to at-risk populations
- Regular social media prevention posts
- Regular health alerts to healthcare professionals
- Provider resources website maintained
- 10+ infographics developed and distributed
- 11 community education events attended



FPHS stabilized our tuberculosis program

- 27 tuberculosis cases managed
- Regular outreach and social media posts
- Expanded provider continuing education and collaborative care models with WhidbeyHealth, Pediatric Associates, and Skagit Regional Health





Expanded care navigation services for families with infants, pregnant mothers, and Spanish-speaking families

- Number of families served: 150
- Expanded provider continuing education resources



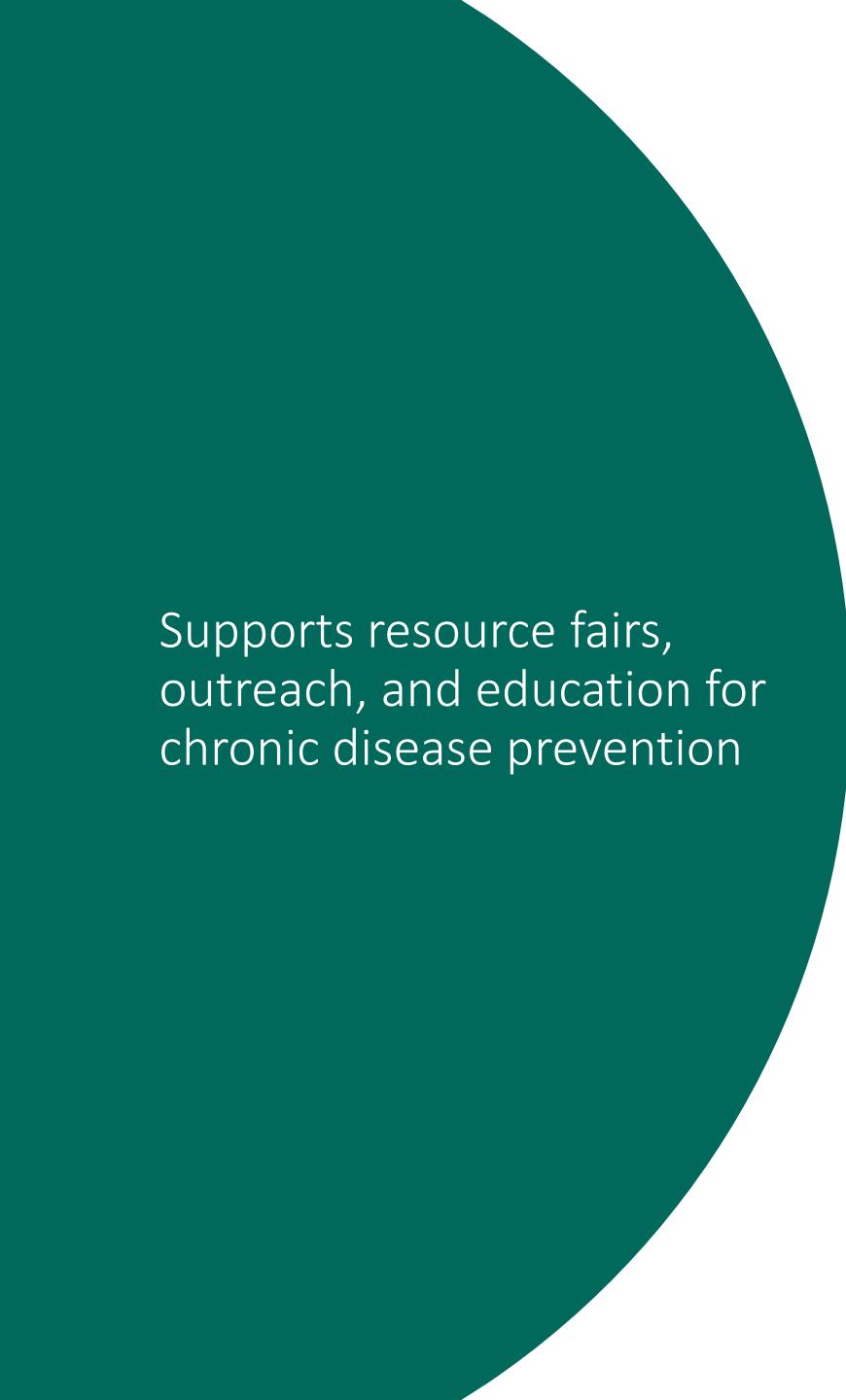
Worked with partners to develop and launch Help Me Grow in Island County, improving care navigation for underserved children and families.



Supports our senior falls coalition

- 4 quarterly falls coalition meetings coordinated
- 40 preventive exercise classes supported
- 10 outreach events attended
- Regular social media posts
- Multiple articles contributed to Health Matters newsletter





Supports resource fairs, outreach, and education for chronic disease prevention

- Regular social media posts
- 5 chronic disease infographics distributed
- Regular articles contributed to Health Matters
- 10 outreach fairs attended
- Planning community-based diabetes prevention





Supports office managers for contracts, board meetings, on-boarding, and other key areas. Improves staff training, contract management, and partner relationships.

**Foundational Public Health Services (FPHS)
supports the delivery of reliable, locally-
available public health services.**





Questions?

Island County Public Health

S.MorrisND@IslandCountyWA.gov



Island County Public Health

Shawn Morris, ND – Public Health Director

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Email: Publichealth@islandcountywa.gov | www.islandcountywa.gov

Island County Public Health Update

July 16, 2024

Heat and Wildfire Smoke

Our teams across Public Health and Emergency Management have been working closely with community partners to share prevention guidance and plan action steps, including implementing a heat check-in process for at-risk populations, implementing youth activity guidelines, sharing social media toolkits, and creating and developing print materials. Social media kits shared with community partners have generated significant reach for at-risk populations. For example, a post shared by Island Senior Resources generated 250+ likes in the first week. An example of our social media outreach is available here: <https://www.facebook.com/ICPubHealth>. Please see the attached Partner Letters for implementation of a heat check-in process and youth activity guidelines.

Candida Auris

Candida auris (*C. auris*) is an emerging, often multidrug-resistant yeast, that spreads easily in high acuity facilities among patients with invasive devices. ***C. auris* is not a risk to the general public nor to most hospitalized patients.** *C. auris* was first detected in Washington in 2023. Since January 2024, Washington DOH has seen an increase in [*C. auris* cases](#).

For more info, see the attached WA Dept. of Health Provider Alert on Increasing Cases of *C. auris* in Washington State.

Dengue Fever

The Centers for Disease Control and Prevention (CDC) issued a Health Alert Network (HAN) Health Advisory to notify healthcare providers, public health authorities and the public of an increased risk of dengue virus (DENV) infections in the United States in 2024. Global incidence of dengue in 2024 has been the highest on record for this calendar year; many countries are reporting higher-than-usual dengue case numbers.

In 2024, countries in the Americas have reported a record-breaking number of dengue cases, exceeding the highest number ever recorded in a single year. From January 1 – June 24, 2024, countries in the Americas reported more than 9.7 million dengue cases, twice as many as in all of 2023 (4.6 million cases).

In the United States, Puerto Rico has declared a public health emergency (1,498 cases) and a higher-than-expected number of dengue cases have been identified among U.S. travelers (745 cases) from January 1 – June 24, 2024.

In the setting of increased global and domestic incidence of dengue, healthcare providers should take steps including:

1. Have increased suspicion of dengue among people with fever who have been in areas with frequent or continuous dengue transmission within 14 days before illness onset.
2. Order appropriate diagnostic tests.
3. Ensure timely reporting of dengue cases to public health authorities.
4. Promote mosquito bite prevention measures among people living in or visiting areas with frequent or continuous dengue transmission.



For many in Island County, heat is difficult to avoid. When heat becomes dangerous, here are some steps that you can take to keep yourself and others safe.

FIND ALTERNATE PLACES TO COOL DOWN

If you are unable to cool your home, it's important to find alternate places to cool down.

Our local Sno-Isle libraries can offer relief. You can also visit your local **office of emergency management** to find cooling center locations, or try entering your zip code at www.211.org to find a community cooling center near you.

If you are unable to get someplace cool, use cool clothes or even a t-shirt from the freezer to wear around your neck during extreme heat advisories or warnings.



HERE ARE SIMPLE WAYS TO COOL DOWN YOUR HOUSE

- Add curtains to windows.
- Limit-heat producing appliances during the day.
- Cross-ventilate rooms by opening windows at night.
- Check weather stripping on doors and windows.
- Install ceiling fans to help circulate air. Remember, fans create air flow, but do not reduce body temperature or prevent heat-related illnesses.

CHECK IN WITH NEIGHBORS, FRIENDS, AND FAMILY

Extreme heat can cause serious health problems, especially for older adults.

If you are alone and in high heat, let someone know and set regular check in times. If you are a caregiver to an older adult, make sure you have a plan for keeping them cool during a heatwave.

Even if you are not responsible for your neighbors, family and friends, it's a good idea to check in on them when you can. Not everyone has the same access to resources and information as you do. Your check-in can save a life.



To learn more visit
www.islandcountywa.gov



Heat-Related Illness

HEAT STROKE

WHAT TO LOOK FOR

- High body temperature (103°F or higher)
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness

WHAT TO DO

Call 911 right away-heat stroke is a medical emergency

- Move the person to a cooler place
- Help lower the person's temperature with cool cloths or a cool bath
- Do not give the person anything to drink

HEAT EXHAUSTION

WHAT TO LOOK FOR

- Heavy sweating
- Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)

- Move to a cool place
- Loosen your clothes
- Put cool, wet cloths on your body or take a cool bath
- Sip water

Get medical help right away if:

- You are throwing up
- Your symptoms get worse
- Your symptoms last longer than 1hr

HEAT CRAMPS

WHAT TO LOOK FOR

- Heavy sweating during intense exercise
- Muscle pain or spasms

- Stop physical activity and move to a cool place
- Drink water or a sports drink
- Wait for cramps to go away before you do any more physical activity

Get medical help right away if:

- Cramps last longer than 1 hr
- You're on a low-sodium diet
- You have heart problems

SUNBURN

WHAT TO LOOK FOR

- Painful, red, and warm skin
- Blisters on the skin

- Stay out of the sun
- Put cool cloths on or take a cool bath
- Apply moisturizing lotion
- Do not break blisters

HEAT RASH

WHAT TO LOOK FOR

- Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)

- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash