

ISLAND COUNTY BOARD OF HEALTH – MINUTES OF MEETING-June 14, 1999

The Regular Meeting of the Island County Board of Health convened at 11:15 a.m., June 14, 1999, in the Courthouse Annex Basement Hearing Room, Coupeville, Wa., with Board of Health members present: Mike Shelton, Chairman and William F. Thorn, Member; and Wm. L. McDowell, Member, absent. Also Present: Tim McDonald, Health Services Director; Dr. Roger Case, Health Officer; Jan Dahl, Assessment Coordinator; Marshall Bronson, CHAB; and Dr. Herb McDonald, CHAB.

CHAB/CHAT REPORT

Dr. McDonald reported from the joint Camano Health Advisory Board/Camano Health Advisory Team meeting held at the new Camano Island Family Health Facility Tuesday, June 8th. There were some 42 combined members attending the meeting. The new facility he thought was magnificent, the landscaping beautiful, and very apparent there is much community interest and involvement.

- CHAB student members reported on the success of the wellness day held at Oak Harbor High School on May 26th with 84 wellness workshops for 1800 students.
- Health expansion recommendation read [as presented to the Board of Health in May].
- Joint Task Force reports provided:

Communications Task Force - described linkage between CHAB and CHAT electronic web pages, updated regularly

Vision Task Force - preliminary report to elicit discussion, feedback and guidance regarding importance of a long range vision, the history of the CHAB as it relates to the future and where the CHAT came into that history as a pilot project initially sponsored by CHAB.

Discussed proven benefits CHAT has demonstrated in terms of community action team associated with a community resource center. Presentation of past and possible future

structuring of CHAB as it addresses individual community health needs between now and

2010, and possibly bringing in more community action teams like CHAT.

One thing that impressed Dr. McDonald about CHAB this year was the fact that the group recognized youth and added young people to its membership and CHAB has seen great work from those youth. For instance, Dr. McDonald and Dr. Case attended a Coupeville High School community assistance program, a 2-hour presentation which included a very impressive 45 minute video on alcohol use among teenagers. A committee of ten kids, including two student CHAB members, organized the whole program and are developing peer pressure for improved behavior.

One of the things that came out from discussion was that kids think peer pressure has been partly responsible for a lot of kids going out and doing things that injure them short term and long term.

YOUTH SUMMIT PROGRESS REPORT

Jan Dahl advised that the Youth Summit Progress Report held in May, 1998, was at the printers and would be provided at the next Board of Health meeting. Partners funding printing of 1,000 copies of the report are: Whidbey General Hospital \$500; Community Network \$1200. At this time, she gave an update on Summit Evaluation Tools - measures for imperative projects that would demonstrate community support for youth:

Measures for Central Whidbey Imperatives:

1. increase percent of youth who report feeling valued in their community
2. increase percent of youth who report having support from 3 or more non-parent adults in community

3. increase percent of youth who report spending 3 or more hours a week in lessons, practice of music, theater or art
4. increase percent of youth who spend 3 or more hours a week in sports clubs or organizations at school or in the community.

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Measures for Camano Island Imperatives:

1. 16% increase in, or greater than 30% of, the total of youth who report that adults in the community value youth
2. 11% increase in the number of youth who report being given useful roles in the community
3. 10% increase in the number of youth who report 3 or more hours a week in lessons or practice of music, theater or arts
4. 27% increase in the number of youth who report that parents or other adults present positive role models
5. 12% increase in the growth of youths who report placing high value on helping other people
6. 6% increase in the number of youth reporting receiving support from 3 or more adults who are not their parents

CHAB STUDENT MEMBER APPOINTMENT

Interview having been completed with regard to prospective student member, the Board by unanimous motion appointed Jacob Henderson representing Coupeville High School to serve as a student member on CHAB.

The meeting adjourned at 11:40 a.m. The next regular Board of Health meeting is scheduled for July 12th beginning at 11:15 a.m.

BOARD OF HEALTH,

ISLAND COUNTY, WASHINGTON

Mike Shelton, Chairman

William F. Thorn, Member

[Wm. L. McDowell, Member, absent]