

**Island County Board of Health
Regular Session - Monday, July 21st, 2014
Minutes**

Members Present: Commissioner Jill Johnson, Commissioner Helen Price Johnson, Commissioner Aubrey Vaughan, Chair Anne Tarrant, Brad Thomas, MD, Executive Secretary to the Board and Captain Edward Simmer, MC, USN, Ex-Officio Member.

Members Absent: Scott Dudley, Mayor of Oak Harbor.

Call to Order: Chair Anne Tarrant called this Regular Session to order at 1:15pm.

Welcome: Chair Anne Tarrant welcomed Commissioner Aubrey Vaughan to this Regular Session of the Board of Health, and Commissioner Vaughan offered a few words of introduction.

Additions or Changes to the Agenda: None.

Approval of Minutes: Chair Anne Tarrant called for the approval of the minutes of the June 16th, 2014 Regular Session. Commissioner Jill Johnson moved to approve the minutes and Commissioner Helen Price Johnson seconded the motion. Motion passed unanimously by those present.

Public Input or Comments: The floor was opened to members of the public who wished to provide input or make comments. Mr. David Macys on behalf of CHAB (Community Health Advisory Board) thanked the board both for the opportunity to address them last month, and the minutes from his summarized review of CHAB's activities.

Presentations: Laura Luginbill, Island County Public Health Assessment and Healthy Communities Director presented, on behalf of the Island County Wellness Committee, current Committee activities including the Witness the Fitness program, the "Amazing Race," and the Wellness Committee's website and shared an assessment tool the Committee has begun to utilize. As representatives of other large employers in Island County, the Board members may find it beneficial to utilize the CDC Worksite Health ScoreCard at their own worksites so a handout of the ScoreCard was provided.

The results for Island County were highlighted, specifically noting within the 15 categories those where maximum or high scores (Vaccine-Preventable Disease, Occupations Health & Safety) were reached, and categories needing improvement (Nutrition, Stress Management). Possible ways to improve lower scores could include adding programs, policy changes, improving access points to information and healthy food choices and improved communication.

The Board was thanked for their time and investment in our community's health. They were encouraged as employers and the health policy-setting board for all employers in Island County to consider their role in promoting the health of the workforce and the economic benefits it plays in the wake of increasing healthcare costs.

Contracts: Keith Higman, Island County Public Health Services Director presented two contracts to the Board of Health for their consideration:

1. Washington State Department of Health – Consolidated Contract (Amendment #15)
Contract No. C16886
Contract Amendment #15: \$ 851 (\$653 Peer Counseling, \$198 Farmer's Market Nutrition Program)
Contract Amount: \$2,210,073

2. Washington State Department of Social & Health Services (DSHS)
Early Intervention Program: July 1, 2014 – June 30, 2015
Contract No. 1463-17020
Contract Amount: \$15,260
Anticipated referral revenue used to continue preventing child abuse and controlling threats to child safety so they can remain safely in their homes while supporting the families.

Commissioner Helen Price Johnson moved to approve both contracts and Commissioner Jill Johnson seconded the motion. Both contracts were approved unanimously by those present.

Legislative Updates: None

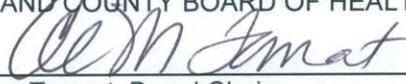
Health Department Report: Keith Higman, Island County Public Health Services Director discussed four topics:

1. Abuse of prescription pain relief medicines in the US: Greater than any other nation. Statistics: 121.1 (82.5 opioids and 37.6 benzodiazepines) prescriptions per 100 people written annually. Among the 50 states, Washington ranked 46th, with West Virginia 1st and Alabama 2nd.
2. Marijuana infused consumables: With the contentious issue around the legalization of recreational marijuana in Washington State, recreational and medicinal differences were highlighted. Local health jurisdictions do not have the authority to license marijuana infused consumables like they do food establishments.
3. Access to Healthy Foods in Island County: June 17 – Sept 3 Monday through Saturday @ Flintstone Park in Oak Harbor 12:00-1:30pm lunch free of charge, June 17 – Aug 29 Monday through Friday @ Langley Park 12:30-1:30pm kids eat free, Good Cheer on South Whidbey and the Tuesday Soup Kitchen available year around on South Whidbey are all opportunities for those in need to access healthy free foods.
4. Bats: Island County Public Health spends a lot of time during summer months discussing bat questions. Although very beneficial for pollination and insect control, bats are the reservoir for rabies in Washington State. If a true exposure occurs, testing the bat may make vaccination unnecessary.

Board Comments/Announcements: The Board thanked Capt. Edward Simmer MC, USN for his time, insight and expertise he gave to the Island County Board of Health over the last 3 years. Capt. Edward Simmer shared a few parting words. Capt. Frederick J. McDonald MC, USN will be joining the Island County Board of Health at the August 18th, 2014 Regular Session.

Adjourn: There being no further business before the Board, Chair Anne Tarrant motioned to adjourn the meeting at 2:22pm The next meeting of the Board of Health will be on Monday, August 18th, 2014 at 1:15pm in the Commissioners Hearing Room (B102) in the Court House Annex Building.

Submitted: 
Brad Thomas, MD

Minutes approved this _____ day of _____ 2014
ISLAND COUNTY BOARD OF HEALTH

Anne Tarrant, Board Chair