Call to Order: Welcome to this Regular Session of the Island County Board of Health.

Additions or Changes to the Agenda:

Approval of the Minutes: January 15 2019 Regular Session

Attachment: Draft Minutes

Public Input /Comments: The Board values the public’s input. This time is set aside to hear from the public on subjects of a health related nature, not on the scheduled agenda. All information given is taken under advisement. Unless emergent in nature no action is taken. To ensure proper recording of comments, state your name and address clearly into the microphone. Limit your comment to two minutes. The Board may entertain public comment on specific agenda items when discussed.

CHAB Application: JoAnn Strong

Attachment: Letter of Recommendation for Re-appointment

CHAB Quarterly Update:

Mary Anderson

CHAB Recommendations: Community Health Improvement Plan

Laura Luginbill

Attachment: CHIP Workgroups Requests and Recommendations to the BOH

CHIP Work Group Sponsorship

Keith Higman

Contracts: Keith Higman, Public Health Director will present one item as follows:

1. Tobacco Prevention MOU: with the Snohomish Health District

Legislative Update:

Keith Higman

Attachment: Draft Letter of Support

Report from Public Health:

Keith Higman/Brad Thomas

Board Announcements:

Adjourn: The next Regular Session of the Island County Board of Health will be held at 1:00pm on March 19, 2019 at 1:00pm in the Commissioners’ Hearing Room (B-102) in the Coupeville Annex Building.
Members Present: Commissioner Helen Price Johnson; Commissioner Jill Johnson; Commissioner Janet St. Clair; Mayor Bob Severs; Capt. Denise Gechas (Ex-officio member); Dr. Grethe Cammermeyer; and Dr. Brad Thomas, Executive Secretary of the Board.

Members Absent: None

Call to Order: Commissioner Jill Johnson called to order this Regular Session of the Island County Board of Health at 1:02 p.m.

Additions or Changes to the Agenda: Dr. Grethe Cammermeyer requested that she be added to the agenda as follow-up to the Veteran’s Choice comments from the previous Board of Health Meeting. Commissioner Jill Johnson added her to the Board Comments section. Commissioner Helen Price Johnson moved to approve the agenda as amended. Mayor Bob Severs seconded the motion. The January 15 2019 agenda approved as amended, unanimously.

Approval of Minutes:

Mayor Bob Severs moved to approve the minutes from the Board of Health Meeting on December 18, 2018. Dr. Grethe Cammermeyer seconded the motion. Commissioner Janet St. Clair abstained from voting as she was absent from the December Meeting.


Public Input or Comment: None.

Presentations: Jamie Boden, the Managing Director of Washington State Association of Local Public Health Officials (WSALPHO), gave a presentation on Foundational Public Health Services. Power Point Presentation published under January Board of Health section on our website.

Keith: The Governors Draft Budget Proposal included 22 Million for FPHS but includes a 22% increase in statewide revenue. Director Higman committed to draft an FPHS resolution for the February Board of Health agenda.

Contracts: Keith Higman, Health Services Director, presented on item as follows: SnapEd – Supplemental Nutrition Assistance Program Education - Contract #: 132429_G003813 Amendment #1

Mayor Bob Severs moved to approve Contract #: 132429_G003813 Amendment #1. Commissioner Jill Johnson seconded the motion. Contract #: 132429_G003813 Amendment #1 approved unanimously.

Commissioner Helen Price Johnson abstained from voting as a family member was directly affected by this contract.

Report from Public Health:

Keith Higman, Health Services Director, brought one legislative update and one non-legislative update:

1. Legislative Session started on January 14th to last 105 days, to adjourn on April 28, 2019. WSALPHO and other organization such as WSAC – Washington Association of Counties - have established legislative priorities for
this session including funding for Foundational Public Health Services; protection of the Model Toxics Control account; and the Group B Drinking Water program. Policy legislation includes: Protection of Vital Records; Tobacco 21 legislation. Bills that would protect local authority include: Septic inspections. Also discussed was a bill banning single use plastic straws.

2. In March we are convening to discuss Mass Fatality Preparedness planning in our community which will involve medical examiners, EMS, Fire, funeral homes, and law enforcement. The intention is to create a regional plan for Mass Fatality Management in our community.

3. Review of CHAB meeting minutes policy.

Dr. Brad Thomas, Executive Secretary of the Board, brought forward one item:

1. Island County has had a really slow flu season this year compared to previous years.

Board Announcement/Comments:

Dr. Cammermeyer brought forth follow-up comments on a letter from a resident discussed at the December 2018 the Board of Health meeting concerning whether or not the Veteran’s Choice Program was accepted at Whidbey General. Dr. Cammermeyer explained that Veterans Choice came to an end in September 2018 to be revised to a PC3 program that is being set up by the VA so that a hospital such as Whidbey Health can become a vendor. The veteran works through the VA get permission to be taken care of at a provider of their choice.

Commissioner Janet St Clair shared that a larger work group is being launched for the Depression and Suicide work group being organized through the CHIP – Community Health Improvement Plan.

Commissioner Jill Johnson shared that schools have been offered training on interpersonal abuse.

Commissioner Helen Price Johnson suggested that each CHIP work group have a Board of Health member be involved to help support the work being done in the groups and to report back to the Board about the progress being made.

Commissioner Helen Price Johnson announced she is traveling down to Olympia for the first in a series of legislative committees offering to deliver messages to the legislature on behalf of the Board of Health.

Adjourn: There being no further business before the Island County Board of Health, meeting adjourned at 2:26 p.m.

The next Regular Session of the Island County Board of Health will be held February 19th at 1:00 pm in the Commissioners’ Hearing Room (B-102) in the Coupeville Annex Building.

Submitted: _____________________________ Minutes approved this _____ day of___________ 2019

Brad Thomas, MD

ISLAND COUNTY BOARD OF HEALTH

____________________________________
_______________________________, Chair
February 19, 2019

TO: Island County Board of Health

FROM: Keith Higman, Health Services Director

RE: Community Health Advisory Board Recommendation: JoAnn Strong

It is with pleasure that I introduce JoAnn Strong to the Island County Board of Health who previously served on CHAB from 2015 until 2017 when she resigned due to professional commitments.

In her previous appointment, JoAnn was a committed member of CHAB, regularly attending monthly meetings despite the travel and participating in subcommittees. She participated in the Health Hero Award Selection Committee, and was a member of the Depression and Suicide Work Group. As a resident on Camano Island that is deeply connected to her community, we are positive JoAnn will once again bring her breadth of professional and personal experience to her role as a CHAB member."

I am pleased to recommend to the Island County Board of Health the re-appointment of Ms. JoAnn Strong to sit on the Island County Community Health Advisory Board.

Sincerely,

Keith Higman, MPH
Health Services Director
**Community Health Improvement Plan (CHIP) Workgroups**

**Requests and Recommendations to the BOH**

*Revised 2/12/2019*

### Depression and Suicide Prevention

1. Submit a letter of support for Suicide Prevention funding, specifically, resources and training at the local level. Specific legislation to be identified and provided.

2. Support Island County joining the coalition of counties implementing Safer Homes, Suicide Aware to save lives from suicides involving medications and firearms.

3. Issue proclamations in May 2019 for Mental Health Awareness Month and in September 2019 for Suicide Prevention Month and National Recovery Month. Encourage and support related community-based activities during those months.

4. Allow time on the BOH agenda for an orientation on Mental Health First Aid (MHFA), to be presented by a workgroup member, and promote the uptake of MHFA trainings in the community throughout 2019.

### Access to Care

1. Medical Outreach: Serving High-utilizers of Emergency Departments via Mobile Integrated Care

   **Community Health Workers:**
   
   CHWs are a new public health workforce, that may be able to play an important role in our community. CHAB recommends that the BOH learn with them about the roles CHWs play in other communities by inviting CHW program best practice leaders to present to Board of Health.

   **Community Paramedicine**
   
   Allow time on the BOH agenda for an introduction to Community Paramedicine. Include discussion of local needs, barriers, and potential policy/legislative solutions.

2. Promote Education and Engagement for Patient Health Planning.

   Update: The workgroup and public health staff have been doing research on resource directory options, and performing outreach with community members, managers of existing directories, and with the executive director of 2-1-1. The next step will be to facilitate a meeting of stakeholders to prioritize a solution for moving forward. CHAB will continue to participate and lead in those discussions, and invites members of the BOH to participate.

*Revisions completed by Island County Public Health*
1. Engage in, support and become spokespersons promoting community engagement in the IPA education initiative by:
   - participating in an IPA training session in the first half of CY 2019 (2.5 hours)
   - regularly sharing information through constituent and organizational communications about the importance of and opportunities for IPA education
   - continuing existing support for use of public health funds for staffing the CHIP IPA Education activities.

2. Commit time to a future BOH agenda to the issue of transitional care for medically fragile homeless individuals, which may include presentations from local stakeholders and other communities that have implemented solutions.

2. Prioritize an assessment and research of best practices, by Public Health and Human Services in cooperation with community partners, regarding supportive housing for high utilizers of public services.
Memorandum of Understanding Between
Island County Public Health
and
Snohomish Health District
January 1, 2019

The purpose of this Memorandum of Understanding is to establish an understanding of the work that the Snohomish Health District will perform for Island County Public Health in Island County as part of the Tobacco and Vapor Prevention Grant.

I. Respective Missions
Island County Public Health’s mission is to lead the county in promoting health and preventing disease. To that end, Island County Public Health is interested in preventing youth and young adults from becoming addicted to tobacco products as well as encouraging current users to quit.

The Snohomish Health District works to improve the health of all individuals living in Snohomish County. The Snohomish Health District is also interested in preventing youth and young adults from beginning a lifelong tobacco addiction as well as limiting tobacco’s harmful effects by helping current users quit.

II. Purpose and Scope
The Snohomish Health District will conduct work in Island County on behalf of Island County Public Health to meet grant deliverables assigned by the Department of Health.

III. Funding
The Snohomish Health District will cover any expenses related to programmatic costs to conduct the above work in Island County up to $9,500.

IV. Designated Contacts
Each party will appoint a person(s) to serve as the official contact and coordinate the activities of each organization in carrying out this Memorandum of Understanding. The initial appointees of each organization are:

Island County Public Health

Jennifer Reid (Primary Contact) – Healthy Communities Specialist, Snohomish Health District, (425) 339-8662, jreid@snohd.org

Heather Thomas – Public and Government Affairs Manager, Snohomish Health District, (425) 339-8688, hthomas@snohd.org
V. Responsibilities of Snohomish Health District
The Snohomish Health District will coordinate communication and outreach efforts with Island County, and agrees to conduct the following work in Island County:

- **Task 1: Eliminate exposure to secondhand smoke and electronic cigarette/vape emissions**
  - Work with the city of Oak Harbor to provide appropriate signage in support of their newly passed vapor ordinance
  - Reach out to the city of Langley to re-new discussions around passing a city-wide vapor ordinance
  - Work with a designated point person at Island County to develop a smoke-free housing page

- **Task 2: Reduce Tobacco-Related Disparities**
  - Use 2016 Healthy Youth Survey Data provided by Island County to create a GIS map of middle and high schools along with tobacco retailers

- **Task 3: Promote and Support Tobacco Cessation Among Youth and Young Adults**
  - Create Island County specific tobacco factsheets that can be placed on their website
  - Work with the designated Island County point person to appropriately utilize social media in order to spread tobacco prevention messages
  - Include Island County in a regional cessation campaign at a local health center

- **Task 5: Policymaker Outreach and Education**
  - Create a factsheet on Island County and the tobacco issues to be shared with state legislators

- **Task 6: Health Communication**
  - Send Island County quarterly educational messages and resources beginning in March that Island County can send to middle and high school health teachers
  - Participate in community presentations on tobacco/vapor devices as necessary

VI. Term and Periodic Review
The term of this Memorandum of Understanding is January 1 to June 30, 2019. This Memorandum of Understanding may be extended upon written mutual agreement.

The collaborative efforts under this Memorandum of Understanding shall be reviewed at the end of the grant fiscal year to evaluate fulfillment of its purpose and to assist in making revisions as necessary to fulfill such purpose.

VII. Authorization
The signing of this Memorandum of Understanding is intended to provide guidance to a collaborative effort by the parties to this Memorandum of Understanding while recognizing the need for flexibility in developing and providing the services
contemplated in this Memorandum of Understanding. As such, this is not intended to be a comprehensive contract between the parties. Accordingly, it implies that the party organizations will strive to reach, to the best of their abilities, the objectives stated in the Memorandum of Understanding.

On behalf of the party I represent, I sign this Memorandum of Understanding.

SNOHOMISH HEALTH DISTRICT
By: __________________________
    Jefferson S. Ketchel
Title: Administrator
Dated: ________________________

ISLAND COUNTY BOARD OF
COUNTY COMMISSIONERS
By: __________________________
    Commissioner Helen Price Johnson
Title: Chair
Dated: ________________________

ISLAND COUNTY BOARD OF HEALTH
By: __________________________
    Commissioner Janet St. Clair
Title: Chair
Dated: ________________________
Dear (Insert Legislator Title/Name):

Based on available 2017 data, Washington has experienced a 15% increase in the death by suicide rate compared to 2014-2016; this rate is 11% higher than the national average. Island County, based on available data, has seen a 17.1% increase with a high percentage of populations at increased risk for suicide (e.g. veterans).

Many suicides are preventable. This pressing public health issue requires immediate attention including public and private funding to fuel robust upgrades to our systems, innovation and widespread dissemination of community-based interventions. Due to the complexity of the issue of suicide, we need to continue to attack this crisis from multiple angles and approaches. Therefore, we are asking you to support of the following suicide prevention items in the 2019 legislative session:

**Governor’s Budget:** This contains essential investments in suicide prevention including funding for 1) expansion of lifesaving services provided by Washington state crisis lines partnering with the National Suicide Prevention Lifeline; 2) staffing at the Health Care Authority to focus on suicide prevention care in health care settings; 3) nine regional behavioral health coordinators to help connect K-12 students to care, and to support schools in crisis response planning.

**HB 1221 - Strengthen School-Based Suicide Prevention Efforts:** Building on HB 1336 (passed in 2013), this legislation would use public/private funding to bring suicide prevention planning to schools, including mandated reporting to parents/guardians when concern exists about a student suicide risk.

**HB 1648 - Expand the Safer Homes, Suicide Aware Program:** This program launched in 2017 with strong bipartisan support and a public-private funding model. New legislation would expand Safer Homes partners that support veterans, law enforcement, workplaces and underserved rural and ethnic minority...
communities, providing brief intervention and trainings in suicide prevention and free locking devices for medications and firearms.

We appreciate your past support and hope that we can count on your help to see that this important public health issue is adequately addressed across Washington State and within Island County.

Sincerely,

Janet St. Clair, Chair

Board of Health
Island County, Washington