



## Spring Season:

Oak Harbor: Track & Field, Cycling, Bocce & Swimming

## Summer/Fall Season:

Bowling: Oak Bowl in Oak Harbor

## Winter Season:

### **Basketball:**

Oak Harbor offers 2 – Teams and Skills.  
South Whidbey offers Skills.



To be eligible to participate in Special Olympics, athletes must:

- ♦ Be at least 8 years old
- ♦ Be diagnosed by an agency or professional as having one of the following conditions: intellectual disability; a cognitive delay as determined by standardized measures such as intelligence quotient or other generally accepted measures; or a closely related development disability, i.e., functional limitations in both general learning and adaptive skills.

We accept anyone **age 8 and over**. We have athletes in their 70's. **No skills needed. No pressure.**

Through the power of sports, people with intellectual disabilities discover new strengths and abilities, skills and success.

Our athletes find joy, confidence and fulfillment – on the playing field and in life.

### Whidbey Island Contacts:

#### Oak Harbor/North Whidbey

Chris Becker  
(360)929-7003  
wispecialolympics@gmail.com

#### South Whidbey

Mike Etzell  
(360)499-5401