



Federal, State, County & Local Resources

For more information on transition and employment check out Island County Parent to Parent's website for "Transition School-Age to Adulthood In-Depth Guide"

<https://www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx>

What are eligibility-based services?

Eligibility-based services are services that you need to apply and qualify for in order to receive the services. Many eligibility-based services for adults with disabilities are available from federal government (e.g. Social Security Administration), or State's different departments under the Department of Social and Health Services (DSHS), including DDA, in Washington State. Each adult service agencies have its own application and eligibility requirements.

Federal Assistance

Social Security Administration (SSA)

SSI Supplemental Security Income

SSDI Social Security Disability Insurance

Supplemental Security Income (SSI)

It is designed to help aged, blind, and disabled people, who have little or no income; and it provides cash to meet basic needs for food, clothing, & shelter.

<https://www.ssa.gov/ssi/> (800)772-1213

Supplemental Security Income (SSI), a program administered by the Social Security Administration (SSA), pays benefits to disabled adults and children who have limited income and resources. A child younger than age 18 can qualify if his or her family's income and resources fall within the eligibility limits and he or she meets SSA's definition of disability for children. For some conditions, if the child is eligible based on the family's income and resources, SSI payments are granted right away, while the agency decides whether he/she meets the disability definition. If the agency decides that the child's disability is not severe enough for SSI, the family will not have to pay back the SSI payments that the child received. Tip: *hold time can be very long and avoid calling at the beginning of the month.*

Social Security Administration (SSA): Eligibility Determination Office Locations

- Mount Vernon Office serves North Whidbey Island 710 E College Way, Mt. Vernon 98275
- Everett Office serves South Whidbey Island and Camano Island 3809 Broadway, Everett 98201

Social Security Disability Insurance (SSDI) (800)772-1213

Sometimes also abbreviated as SSD) is a Social Security program that pays monthly benefits to you if you become disabled before you reach retirement age and aren't able to work. Some people know it as

"workers disability." <https://www.ssa.gov/planners/disability/index.html>

Washington State Assistance

Department of Social and Health Services DSHS

DDA

Developmental
Disabilities
Administration
(360)544-6539

DVR

**Division
Vocational
Rehabilitation**
(800)637-5627

DBS

Department of
the Blind
(800)552-7103

COS

Community
Services Office
Oak Harbor
(877)501-2233

HCS

Home and
Community
Services
(866)608-0836

Department of Social Health Services (DSHS) <https://www.dshs.wa.gov/>

Island County Community Service Office (877)501-2233 275 SE Pioneer Way #201 Oak Harbor, WA 98277

Here is a list of what DSHS can help you with:

Apply for benefits such as Basic Food, Child Care, Cash, TANF, SSI, Disability Medicaid, Submit documents requested by your caseworker, Have an in-person interview or benefits review, Report changes for any of your benefits, Meet with a WorkFirst or Social Services case manager, Access public computers.

Divisions of DSHS:

- 1) Aging and Long-term Support Administration – to transform lives by promoting choice, independence and safety through innovative services.
- 2) Behavioral Health Administration – to transform lives by supporting sustainable recovery, independence and wellness.
- 3) Developmental Disabilities Administration – to transform lives by creating partnerships that empower people.
- 4) Economic Services Administration – to transform lives by empowering individuals and families to thrive.
- 5) Rehabilitation Administration –to transform lives by creating pathways for self-sufficiency through meaningful partnerships, employment, new opportunities and effective rehabilitation.
- 6) Financial Services Administration – to transform lives by promoting sound management of Department resources.
- 7) Services and Enterprise Support Administration – to transform lives by helping those who serve succeed.

DSHS Statewide Disability Support www.dshs.wa.gov/disability-support www.dshs.wa.gov/dda

Developmental Disability Administration (DDA)

(formally DDD) <https://www.dshs.wa.gov/dda>

A division of DSHS. Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. Services are based on DDA guidelines and available funding. Check out more about DDA on our website or in this packet.

Island County Region 2: (800)788-2053 Eligibility and Intake: (360)853-5791

Everett: (425)740-6400 Mt. Vernon (360) 429-3103 Email: DD3FSO@dshs.wa.gov

The Developmental Disabilities Administration is transforming lives by providing support and fostering partnerships that empower people to live the lives they want. People with developmental disabilities and their families are valued citizens of the state of Washington. The Developmental Disabilities Administration strives to develop and implement public policies that will promote individual worth, self-respect, and dignity such that each individual is valued as a contributing member of the community.

What is Washington state’s definition of developmental disability?

Basic eligibility determination process

1. Applicant or legal representative submits required documents and evidence for determination Application Contents: - Request for DDA Eligibility Determination (14-151) - Consent (14-012) - Notice of Privacy Practices for Client Confidential Information (03-387) - Eligible Conditions Specific to Age and Type of Evidence (14-459)
2. DDA Case Resource Manager evaluates evidence - Evidence of disability onset before age 18 - Evidence of a qualifying condition - Evidence of substantial limitation
3. Notification of decision is sent to applicant and representative

****Enrollment forms are on the DDA website or you can get a packet from Parent to Parent in English & Spanish.**

The disability must:	Developmental disability is A disability attributable to:
<ul style="list-style-type: none">• Originate before the person turns eighteen• Continue or be expected to continue indefinitely, a• Constitute a substantial limitation to the person.	<ul style="list-style-type: none">• Intellectual disability,• Cerebral palsy,• Epilepsy,• Autism, or• Another neurological or other condition closely related to an intellectual disability or that requires support similar to individuals with intellectual disabilities.

5 DDA Waivers

Individual and Family Services (IFS)

Children's Intensive In-Home Behavior Supports (CIBBS)

Basic Plus (B+)

Core

Community Protection (CP)

What is a Waiver? The Home and Community Based Services (HCBS) waiver began in 1981 as a means to correct the "institutional bias" of Medicaid funding. The "bias" means that historically, individuals could get support services while institutionalized, but if they wanted to return to the community they could not get similar services. A waiver means that some of the federal rules are "waived" so that funding for services can be provided in the community.

Waiver eligibility • The person must be functionally and financially eligible for Medicaid, and determined to meet federal disability criteria, which includes going through a Social Security Disability Determination. • Financial eligibility is determined by a Long Term Care Application. DDA Case Resource Managers can assist you in contacting the LTC team or you can call directly at 1-855-873- 0642 (you will need your ACES ID or Social Security number). • Functional eligibility is determined by the DDA CARE Assessment.

The Individual and Family Services IFS supports families who are caring for a family member with a developmental disability in their home. The program provides families with some of the supports necessary to keep eligible individuals at home with parents or relatives.

Employment Support and Services

- **Employment services** provide ongoing support services and training for eligible persons with paid jobs in a variety of settings and work sites. These include individual supported employment, group supported employment, and prevocational services. These may be individual or group options in the community and specialized industry settings.
- **Individual Supported Employment services** are part of an individual's pathway to employment and are tailored to individual needs, interests, abilities, and promote career development. These are individualized services necessary to help persons with developmental disabilities obtain and continue integrated employment at or above the state's minimum wage in the general workforce. These services may include intake, discovery, assessment, job preparation, job marketing, job supports, record keeping and support to maintain a job.
- **Group Supported Employment services** are a part of an individual's pathway to integrated jobs in typical community employment. These services include many of the elements described in Individual Supported Employment and offer ongoing supervised employment for groups of no more than 8 workers with disabilities in the same setting. Examples include enclaves, mobile crews, and other business models employing small groups of workers with disabilities in integrated employment in community settings.
- **Pre-Vocational services** are a part of a pathway to integrated jobs in typical community employment. These services are intended to be short term and include many of the elements described in Individual Supported Employment and offer training and skill development for groups of workers with disabilities in the same setting. Services are provided by agencies established to provide services to people with disabilities.
- **Community Access services** assist individuals to participate in activities that promote individualized skill development, independent living and community integration. Activities must provide individuals with opportunities to develop personal relationships with others in their local communities and to learn, practice, and apply life skills that promote greater independence and community inclusion.

Individualized Technical Assistance services are a part of an individual's pathway to individual employment. This service provides assessment and consultation to the employment provider, client and their support system to identify and address existing barriers to employment. This is in addition to supports received through supported employment services or pre-vocational services for individuals who have not yet achieved their employment goal.

Community First Choice CFC is a state plan that offers a variety of services designed to support individuals to remain living in the community. Services are provided to children and adults in their own home, an adult family home, or an assisted living facility.

County

Island County Developmental Disabilities

Mike Etzell Coordinator (360) 678-7883 or mikeet@islandcountywa.gov

<https://www.islandcountywa.gov/Humanservices/Pages/ddp.aspx>

Coordinates, funds, and manages local services for children from birth to three and for adults 21 and over who have developmental disabilities. We work actively with families, schools, the business community, as well as local, state, and federal governments to facilitate full contribution for all citizens who experience developmental disabilities.

Our underlying belief is that all individuals with developmental disabilities have the skills, interests, and talents to enhance their community and have a responsibility to do so. We also know that employment is a powerful way to contribute both to the larger community as well as to continue to grow and learn..

Island Senior Services <https://senior-resources.org/> (360)331-6100

Our mission is to provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

Camano Center <https://camanocenter.org/> (360)387-0222

Military Family Resources for Youth and Young Adults Transitioning from High School Employment Center at your installation List of Vocational Rehabilitation agencies by State <https://askjan.org/concerns/State-Vocational-Rehabilitation-Agencies.cfm>

US Department of Labor <https://www.careeronestop.org/> Office Finder, and the Native American Program Finder. Employment and training helpline at careeronestop: (877)US2-JOBS (877)872-5627 TTY: (877)889-5627 <https://www.careeronestop.org/LocalHelp/EmploymentAndTraining/find-native-american-programs.aspx>

Tribal Vocational Rehabilitation Program

Samish Vocational Rehabilitation Program Serving Island, San Juan, Skagit, Snohomish and Whatcom Counties Donna Adamson, Director Email: dadamson@samishtribe.nsn.us Phone: (360) 726-3647 Native American Program Finder. Employment and training helpline at Career One Stop: 1-877-US2-JOBS (1-877-872-5627) <https://www.careeronestop.org/LocalHelp/EmploymentAndTraining/find-native-american-programs.aspx>