



Cancer Awareness & Prevention

Questions? Please email:
healthproviders@islandcountywa.gov



Cancer in Island County

Cancer is the 2nd leading cause of death in the United States, but many kinds of cancer can be prevented or caught early.

	Breast	Prostate	Colorectal	Lung
Washington State	78 cases per 100,000 people	42 cases per 100,000 people	32 cases per 100,000 people	41 cases per 100,000 people
Island County	87 cases per 100,000 people Worse	40 cases per 100,000 people Better	29 cases per 100,000 people Better	40 cases per 100,000 people Better

Data Source: Community Health Assessment Tool (CHAT), 2020. Age Adjusted Rates

Healthy Lifestyles Can Prevent Cancer

Eat a balanced diet



Routinely talk with your doctor

Protect your skin with sunscreen and layers



Don't smoke and limit alcohol use

CDC, 2023

Go Outside and Actively Enjoy Island Life

Click the whale tail below for more ways to explore our beautiful islands!



Whidbey and Camano
ISLANDS
Washington State - USA

Educational & Support Resources

