Island County Community Health Advisory Board (CHAB)
Minutes for October 5, 2018
Camano Fire and Rescue Administration Building, 811 Sunrise Blvd, Camano Island

**Present:** Rene Denman, Chair, Sandy Ziemer, Vice-Chair, Celine Servatius, Ryan O'Donnell, Janet St. Clair, Tabitha Carlon, Jim Reinhardt
Island County staff: Laura Luginbill, Suzanne Turner, Kathryn Clancy, Janet McWatt, Chelcee Lindell, Miles Lawson, Theresa Sanders

**Excused:** Kellie Tormey, Brad Thomas

**Guests:** Carol Stillian, Tony Benjamin, Norma Mouton, Lynda Buehring, Matt Webster, Candy Trotman

**Call to Order:** Rene Denman welcomed members and guests and called the meeting to order at 10:00am. All those present shared brief introductions. Matt Webster has submitted his application to CHAB.

**Community Announcements and Public Comment:**
- Ryan O'Donnell shared that Youth Mental Health First Aide Training will be offered at the Oak Harbor Library on October 19, 2018. It is a free training, open to all who currently, or are interested in, working with youth.

**Review of Meeting Minutes:** Rene Denman called for review of the September 7, 2018 minutes. Janet St Clair noted a misspelling of her name. Sandy Ziemer moved to approve the minutes as corrected, motion seconded by Ryan O'Donnell. Minutes with corrections approved unanimously by those present.

**Community Presentations:**
- **Miles Lawson, Sanitarian, Island County Public Health**
  Miles Lawson presented on Environmental Health work on Camano Island, including current projects, percent of permits and work occurring on Camano versus Whidbey islands, and upcoming events. See attached slides for further details.

- **Janet McWatt, Public Health Nurse, Island County Public Health:**
  Janet McWatt introduced Chelcee Lindell, WIC/Health Educator for Island County Public Health, who also works in the Camano Public Health Clinic. Janet described the three greatest health issues they see for Camano Island residents: 1) Mental health (across all ages); 2) Opioids and drug use; and 3) Housing. Janet shared successes from the increase in available services, including through Human Services. A brief discussion was held regarding the syringe exchange, overdose data and naloxone availability, and the topic was added to CHAB’s Agenda Parking Lot.

- **Hope Unlimited: Anti-Trafficking Initiative: Norma Mouton, Lynda Buehring**
  Volunteers from Hope Unlimited distributed information on their organization and work to educate the community and prevent human trafficking. Norma and Lynda noted that local data is currently not available, and an important need, however human trafficking has been identified on Camano Island. Hope Unlimited is available to provide training, including to healthcare providers.

- **CHAB Leadership Update:** Rene Denman diversity training and her experience from Toddler Learning Center. Laura Luginbill encouraged members to share any recommendations for trainings.

- **Access to Care CHIP Update:** See attached presentation for full details. Laura Luginbill initiated a discussion of Access to Care updates on behalf of the CHIP Work Group. Janet St. Clair and
Jim Reinhardt provided additional updates and clarification. Information on the status of implementation, barriers, and next steps were discussed.

**November Joint Board of Health and CHAB Meeting:** See attached presentation for full details. Members agreed that priority agenda items for the November 20 joint meeting will be: Cross-board relationship building, structures and processes for more effective CHAB/BOH communication, and CHIP Action item recommendations. Tabitha agreed to lead an icebreaker to initiate the meeting. Laura Luginbill will communicate with each CHIP work group to provide CHAB with a list of recommendations for BOH action, and will organize a subcommittee of Rene, Sandy and Holly to develop a draft communication process for the November 2 CHAB meeting. Laura will also provide biographies of each CHAB member to the Board of Health prior to the joint meeting.

Meeting was adjourned at 12:15pm