

Island County Community Health Planning 2015 Community Health Assessment



Category: Health Determinant and Correlate Metrics	Section: Health Behaviors	Topic: Nutrition and Physical Activity
Indicator: 10 th grade students eating ≥5 fruits or vegetables per day		
Prepared by: Celine, Added by Laura 6/2/15		

I. ISLAND COUNTY DATA

Source: 2014 HYS	Year: 2014
Source Link: http://www.askhys.net/FactSheets	
Data Point: 17.2% (+/- 4.9%) / Did NOT eat = 83%	

II. ISLAND COUNTY SUB-GROUPS

Is data available for sub-groups of our population? If so, please list below:		
Of those students that ate 5 or more fruits and vegetables per day,		
Sub-Group	Data Point	Source (if different)
Male	60% (±15.3%)	
Female	40% (±15.3%)	

III. ISLAND COUNTY TRENDS

Is data available for previous years in Island County? If so, please list below:			
Year	Data Point	Source (if different)	Data Point: 10 th grade students eating ≥5 fruits or vegetables per day
2004	74%	<i>Note that these are LESS THAN 5 fruits/vegs per day</i>	26%
2006	77%		23%
2008	74%		26%
2010	n/s		n/s
2012	73%		27%
2014			17.2%

IV. WASHINGTON STATE

Source: Healthy Youth Survey	Year: 2014
Source Link: www.askhys.net	
Data Point: Eating 5+ fruit/veg per day = 21.5% (+/-1.5%)	

V. UNITED STATES

Source: Not available. – Only available with F & V separated.	Year:
Source Link:	
Data Point:	

VI. STANDARD OR GOAL

Source: USDA dietary guidelines
Source Link:
Standard or Goal: 5 or more fruits and vegetables per day