

Island County Community Health Planning 2015 Community Health Assessment



Category: Health Determinant and Correlate Metrics	Section: Health Behaviors	Topic: Nutrition and Physical Activity
Indicator: 10th grade students 2+ hours of television on school nights **Consider changing to 3+ hours to coincide with national and state reporting.		
Prepared by: Celine, edited by Laura on 6/2		

I. ISLAND COUNTY DATA

Source: 2014 HYS	Year: 2014
Source Link: http://www.askhys.net	
Data Point: 2+ hours = 39.5% / 3+ hours = 19.1% (±5.1%)	

II. ISLAND COUNTY SUB-GROUPS

Is data available for sub-groups of our population? If so, please list below: **10th grade students 3+ hours of television on school nights		
Sub-Group	Data Point	Source (if different)
Male	23.3% (±8.2%) of males	
Female	15.7% (±6.4%) of females	

III. ISLAND COUNTY TRENDS

Is data available for previous years in Island County? If so, please list below: 2+ hours or 3+ hours of television		
Year	Data Point 2+ hours	Data Point 3+ hours
2004	50.6%	26.8%
2006	53.0%	30.2%
2008	47.8%	28.1%
2010	48.9%	28.6%
2012	43.4%	25.0%
2014	39.5%	19.1%

IV. WASHINGTON STATE

Source: 2014 HYS	Year: 2014
Source Link: http://www.askhys.net	

Data Point: 2+ hours =37.9% / 3+ hours = 19.4% (±2.0%)

V. UNITED STATES

Source: CDC YRBS	Year: 2013
Source Link: https://nccd.cdc.gov/youthonline/App/Results.aspx 10 th grade students that watched television 3+ hours per day (average school day)	
Data Point: 32.3% (29.0-35.7)	

VI. STANDARD OR GOAL

Source: American Academy of Pediatrics
Source Link:
Standard or Goal: No more than 2 hours of screen time per day.