

# Island County Community Health Planning 2015 Community Health Assessment



<b>Category: Health Determinant and Correlate Metrics</b>	<b>Section: Health Behaviors</b>	<b>Topic: Nutrition and Physical Activity</b>
<b>Indicator: 10<sup>th</sup> grade students 2+ or 3+ hours of computer or video games on school nights</b>		
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## I. ISLAND COUNTY DATA

<b>Source: 2014 HYS</b>	<b>Year: 2014</b>
<b>Source Link: <a href="http://www.askhys.net">http://www.askhys.net</a></b>	
<b>Data Point: 2+ hour = 57.3% / 3+ hours = 44.8% (±6.4)</b>	

## II. ISLAND COUNTY SUB-GROUPS

<b>Is data available for sub-groups of our population? If so, please list below:</b>		
<b>Of those students that watch 3+ hours: 54.8% (±9.6) were female, and 45.2% (±9.6) were male</b>		
<b>Sub-Group</b>	<b>Data Point</b>	<b>Source (if different)</b>
Male	45.2% (±9.6)	
Female	54.8% (±9.6)	

## III. ISLAND COUNTY TRENDS

<b>Is data available for previous years in Island County? If so, please list below:</b>		
<b>Year</b>	<b><u>Data Point</u> 2+ hours</b>	<b><u>Data Point</u> 3+ hours</b>
2004	28.0%	16.3%
2006	42.6%	22.0%
2008	41.3%	29.4%
2010	45.7%	26.6%
2012	44.3%	31.1%
2014	57.3% *	44.8%*
* Note change in question to include specific reference to iPod, tablets, smartphones, YouTube, Facebook, and other social networking tools		

## IV. WASHINGTON STATE

<b>Source: 2014 HYS</b>	<b>Year: 2014</b>
<b>Source Link: <a href="http://www.askhys.net">http://www.askhys.net</a></b>	

Data Point: 2+ hours = 55.5% / 3+ hours = 39.2%

#### V. UNITED STATES

Source: Not available for 2+ hours per day. 3+ hours available through CDC YRBS	Year: 2013
Source Link: <a href="https://nccd.cdc.gov/youthonline/App/Results.aspx">https://nccd.cdc.gov/youthonline/App/Results.aspx</a>	
Data Point: 42.9% (39.7-46.2)	

#### VI. STANDARD OR GOAL

Source: American Academy of Pediatrics
Source Link:
Standard or Goal: 2 or less hours per day