

Island County Community Health Planning 2015 Community Health Assessment



Category: Health Determinant and Correlate Metrics	Section: Health Behaviors	Topic: Nutrition and Physical Activity
Indicator: Adults with very low fruit and vegetable intake (<1 time per day)		
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I. ISLAND COUNTY DATA

Source: BRFSS	Year: 2011-2013
Source Link: DOH Analysis	
Data Point: Very low fruit intake: 32.0% (26.3-38.2) Very low vegetable intake: 16.5% (11.9-22.4)	

II. ISLAND COUNTY SUB-GROUPS:

Is data available for sub-groups of our population? If so, please list below:
Sub-group data available for COMBINED fruit and vegetable intake

Sub-Group	Data Point						
Demographics	Percent (%)	Lower 95% CI	Upper 95% CI	Numerator	Denominator	SE*	RSE
All	10.0	6.4	15.3	41	492	2.2	22.3
Male	9.5	6.2	14.3	26	220	2.0	21.4
female	*	*	*	16	275	*	39.5
Age 18-51	*	*	*	9	90	*	35.1
Age 45-71	*	*	*	22	202	*	34.2
Age 65-81	*	*	*	5	116	*	47.6
Age 75+	*	*	*	5	84	*	45.6
Male, Age 18-51	*	*	*	5	34	*	46.8
Male, Age 45-71	*	*	*	12	91	*	32.8
Male, Age 65-81	*	*	*	4	59	*	50.1
Male, Age 75+	*	*	*	4	33	*	49.8
Female, agegp4	*	*	*	4	56	*	51.8
Female, agegp4	*	*	*	10	111	*	46.3
Female, agegp4	*	*	*	1	57	*	100.9
Female, agegp4	*	*	*	1	51	*	99.7
Income < \$35,007	*	*	*	12	132	*	44.0
Income \$35,000 - 74,1006	*	*	*	14	195	*	30.2
Income \$75,000+	*	*	*	10	101	*	35.7
HS or less	*	*	*	18	107	*	35.2
Some college	9.0	5.0	15.9	14	162	2.7	29.7

College grad	*	*	*	8	208	*	38.9
NH White	8.2	5.7	11.6	38	460	1.5	18.1
NH Black	*	*	*	1	1	*	0.0
NH AIAN	*	*	*	0	5	*	0.0
NH Asian	*	*	*	1	4	*	93.1
NH NHOPI	*	*	*	0	1	*	0.0
Hispanic	*	*	*	0	9	*	0.0

III. ISLAND COUNTY TRENDS

Is data available for previous years in Island County? If so, please list below:	
Not available.	

IV. WASHINGTON STATE

Source: BRFSS	Year: 2013
Source Link: DOH Analysis	
Data Point: Very low fruit intake: 34.7% (33.7-35.6) Very low vegetable intake: 18.6% (17.8-19.4)	

V. UNITED STATES

Source: CDC BRFSS	Year: 2013
Source Link:	
Data Point: Very low fruit intake: 39.2% Very low vegetable intake: 22.9%	

VI. STANDARD OR GOAL

Source: None available.
Source Link:
Standard or Goal: