

# Island County Community Health Planning 2015 Community Health Assessment



<b>Category:</b> Health Outcomes	<b>Section:</b> Morbidity	<b>Topic:</b> Physical Health
<b>Indicator:</b> Adults who are obese (BMI ≥30)		
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## I. ISLAND COUNTY DATA

<b>Source:</b> BRFSS	<b>Year:</b> 2011-2013
<b>Source Link:</b> DOH Analysis	
<b>Data Point:</b> 27.1% (22.5-32.3)	

## II. ISLAND COUNTY SUB-GROUPS:

<b>Is data available for sub-groups of our population? If so, please list below: Not available.</b>	
<b>Sub-Group</b>	<b>Data Point</b>

Demographics	Percent (%)	Upper 95% CI		Numerator	Denominator	SE*	RSE
		Lower 95% CI	Upper 95% CI				
<b>All</b>	<b>27.1</b>	<b>22.5</b>	<b>32.3</b>	<b>243</b>	<b>948</b>	<b>2.5</b>	<b>9.3</b>
Male	27.4	22.2	33.4	121	420	2.8	10.4
female	27.3	21.3	34.2	124	535	3.3	12.1
Age 18-44	25.2	18.0	34.2	41	166	4.1	16.3
Age 45-64	33.5	26.3	41.5	109	371	3.9	11.7
Age 65-74	26.4	20.0	33.9	69	244	3.5	13.4
Age 75+	14.9	9.4	22.8	24	167	3.4	22.5
Male, Age 18-44	26.3	16.4	39.5	21	74	5.9	22.2
Male, Age 45-64	30.0	21.8	39.7	51	160	4.6	15.2
Male, Age 65-74	29.0	20.2	39.8	37	117	5.0	17.2
Male, Age 75+	*	*	*	11	64	*	30.1
Female, Age 18-44	24.2	14.5	37.4	20	92	5.8	24.0
Female, Age 45-64	36.6	25.7	49.0	58	211	6.0	16.4
Female, Age 65-74	23.4	15.0	34.7	32	127	5.0	21.4
Female, Age 75+	*	*	*	13	103	*	33.3
Income < \$35,000	29.6	20.9	40.1	73	266	4.9	16.6
Income \$35,000 - 74,999	26.9	20.9	33.9	92	349	3.3	12.3
Income \$75,000+	23.5	16.6	32.1	47	213	4.0	16.8
HS or less	26.6	18.2	37.3	58	218	4.9	18.4
Some college	34.4	27.8	41.8	97	310	3.6	10.4
College grad	20.2	15.7	25.6	86	397	2.5	12.5
NH White	25.2	21.5	29.3	223	873	2.0	7.9

NH Black	*	*	*	2	5	*	90.9
NH AIAN	*	*	*	3	13	*	41.4
NH Asian	*	*	*	1	10	*	95.3
NH NHOPI	*	*	*	2	5	*	65.1
Hispanic	*	*	*	5	19	*	41.1

### III. ISLAND COUNTY TRENDS

<b>Is data available for previous years in Island County? If so, please list below:</b>
BRFSS based data. No trends available

### IV. WASHINGTON STATE

Source: BRFSS	Year: 2013
Source Link: <a href="http://nccd.cdc.gov/brfssprevalence">http://nccd.cdc.gov/brfssprevalence</a>	
Data Point: 27.2% (26.0 - 28.3)	

### V. UNITED STATES

Source: BRFSS	Year: 2013
Source Link: <a href="http://nccd.cdc.gov/brfssprevalence">http://nccd.cdc.gov/brfssprevalence</a>	
Data Point: 29.4%	

### VI. STANDARD OR GOAL

Source: Healthy People 2020
Source Link: <a href="http://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status/objectives">http://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status/objectives</a>
Standard or Goal: 30.5%