

Island County Community Health Planning 2015 Community Health Assessment



Category: Health Determinant and Correlate Metrics	Section: Health Behaviors	Topic: Nutrition and Physical Activity
Indicator: Adults who report meeting moderate and vigorous physical activity guidelines.		
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I. ISLAND COUNTY DATA

Source: BRFSS	Year: 2012
Source Link: https://fortress.wa.gov/doh/lphi/RecordSet.mvc/DetailsForJurisdictionSection?sectionId=2&jurisdictionId=55&cycle=4	
Data Point: 73% (66-79)	

II. ISLAND COUNTY SUB-GROUPS: n/a

III. ISLAND COUNTY TRENDS

Is data available for previous years in Island County? If so, please list below:	
n/a	

IV. WASHINGTON STATE

Source: CDC BRFSS	Year: 2012
Source Link: https://fortress.wa.gov/doh/lphi/RecordSet.mvc/DetailsForJurisdictionSection?sectionId=2&jurisdictionId=55&cycle=4	
Data Point: 69%	

V. UNITED STATES

Source: CDC BRFSS	Year:
Source Link:	
Data Point: n/a	

VI. STANDARD OR GOAL

Source: Healthy People 2020
Source Link: http://www.healthypeople.gov/2020/topics-objectives/topic/physical-activity/objectives
Standard or Goal: 47.9%