



ISLAND COUNTY PUBLIC HEALTH

Administration

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ISLAND COUNTY COVID-19 Updated Community Guidance June 23, 2020

Island County Public Health wants to make sure that the citizens of Island County have access to reliable guidance surrounding COVID-19. We will be updating our guidance to the community weekly and hope that you use this to help inform and empower yourself and our community.

Non-Essential Travel

Island County is in Phase 3 of the Governor's [Safe Start](#) Reopening plan, which allows for non-essential travel. Do your part to minimize COVID-19 spread in our community by avoiding high-risk areas.

- If you need to travel, research your destination prior to departure to assess COVID-19 exposure risk and plan for appropriate precautions.
 - Review the [Phase and Risk Assessment Dashboard](#) and do not travel to counties in Phase 1 or Phase 2 of the Safe Start Plan.
 - Refer to the [COVID-19 Data Dashboard](#) for updated information related to confirmed positive COVID-19 cases, outbreaks, and more.
- According to the most recent WA Department of Health (DOH) statewide situation report, eastern Washington has been experiencing [increased](#) COVID-19 spread, with possible upticks in western Washington as well.
- Continue to do your part by limiting group gatherings, staying six-feet away from others, staying home if you are sick, washing your hands often, and wearing a cloth face covering when you are out in public.

Connect with Available Resources

Island County has been awarded funds through the state's Coronavirus Relief Funds. The funds are available under the federal Coronavirus Aid, Relief, and Economic Security Act ("CARES Act") in response to the COVID-19 crisis. In order to qualify for these funds, individuals and families must be impacted by COVID-19.

- Community members whose household income has decreased as a direct result of COVID-19 and who are behind in payments or unable to pay in full their rent/mortgage installment may be eligible for assistance. Call the **Housing Support Center** at 360.678.8284 for additional information.

- The **Human Services Helpline** (360.678.2346) offers help in accessing unemployment benefits, available food resources, addressing mental health and substance use needs through brief service, and in connecting with health care providers, long-term counseling, and other behavioral needs.
- Contact Island County Human Services for information about various community education opportunities (360.678.8294), including talks/presentations offered to community organizations and support groups for seniors, parents, essential workers, etc.

Celebrate Summer Safely

As you consider your plans for the summer, [embrace outdoor opportunities](#) and continue to practice safety measures that help reduce the spread of COVID-19.

- Keep group gatherings small to reduce risk. As the size of a group increases, risk increases too.
- Outdoor activities are often lower-risk than indoor ones. Going camping or replacing an indoor dinner party with a small backyard barbeque can help to reduce the risk of COVID-19 spread.
- In addition to washing your hands, keep a bottle of hand sanitizer with your cloth facial covering, sunscreen, and bug spray.

Contact Us

If you have questions or concerns about COVID-19 in Island County, start by visiting our [website](#) or our [Facebook](#) page.

Public can contact the Island County call center at **360.678.2301**.
Monday through Friday, 8:30 am to 4:30 pm