Island County Public Health wants to keep you as informed as possible about continuing developments surrounding novel coronavirus and our response within the county.

**Key Messages**

1. Continue to practice social distancing, hand washing, good respiratory hygiene, and self-isolating if sick or experiencing symptoms.

2. If you are experiencing symptoms and are concerned, please contact your provider first or call a nurse triage line. Please do not call 911 or go to the emergency room unless your symptoms are severe enough to require urgent medical care.

3. Individuals over 60, those with underlying health conditions, and pregnant women should home-isolate as much as possible.

4. Prepare for potential quarantine but do not stockpile food and supplies and please do not buy and store N95 masks; these are in short supply and highly needed by healthcare facilities.

**Ways to Help**

1. The Stanwood Camano Area Foundation is accepting donations that will go to non-profits and charitable organizations in light of the COVID outbreak. I can add this to the post for the WCF. [https://secure.givelively.org/donate/stanwood-camano-area-foundation/stanwood-camano-disaster-relief-fund](https://secure.givelively.org/donate/stanwood-camano-area-foundation/stanwood-camano-disaster-relief-fund)

2. 

**Contact Us**

If you have questions or concerns about COVID-19 in Island County, start by visiting our website or our Facebook page.

Public can contact the Island County call center at 1-360-678-2301.

Monday through Friday, 8:30 a.m. to 4:30 p.m. Saturday and Sunday, 9:00 am to 4:00 p.m.