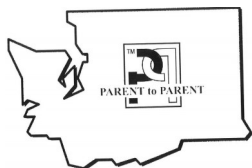


# Island County Support, Social & Advocacy Groups

## Island County Parent to Parent

What is Parent to Parent? Parent to Parent offers Support, Resources, Networking and Educational Opportunities for Special Needs Families.



Island County Parent to Parent Coordinator—Tiffany Wheeler-Thompson  
Contact Info: [t.wheeler-thompson@islandcountywa.gov](mailto:t.wheeler-thompson@islandcountywa.gov) (360)632-7539– Call or Text  
For updates on resources, events, articles and networking opportunities:  
[www.facebook.com/islandcountyparent2parent](http://www.facebook.com/islandcountyparent2parent)



## Coffee & Conversations

Casual drop in group, no RSVP needed. All are welcome. You'll meet others that "get it". As parents we understand there are highs and lows, myths and realities to raising a child/adult with special needs. Support and resources always available. Great way to enjoy adult time away from doctors, schools and therapy appointments. **Second Wednesday of every Month. Daytime 11am-Noon and Nighttime 6:00-7:00pm** Tiffany (360)632-7539 call/text Email: [t.wheeler-thompson@islandcountywa.gov](mailto:t.wheeler-thompson@islandcountywa.gov)



## PAMI: Padres Apoyando Motivando Informando

(Grupo de apoyo para familias de niño con necesidades especiales)  
Si tiene alguna pregunta, por favor comuníquese con: Laiza Ramos (787)529-6788  
Email: [pamiespanol@gmail.com](mailto:pamiespanol@gmail.com)



## Heritage Adventurers

A friendship group for 18 and over on Whidbey Island meets for outings and events as they finding interesting things to attend. They are called Heritage Adventurers. Their various abilities and different ways of learning and sharing make the group fun to be with. Sue Andrew at 360.321.5748

## People First of Washington



People First is an advocacy and social group for adults with disabilities that want to meet others in their community. Oak Harbor, location may vary. Contact Diane for date and time  
[pmmdfm@cablespeed.com](mailto:pmmdfm@cablespeed.com)

## Flying Fingers

Deaf and Hard of Hearing Social. Contact Susan for more details. They meet the **first Friday of the month**(360)221-0383

Do you have Questions about any of these groups? Would you like to be added to the Parent to Parent monthly newsletter of resources in Island County? Contact Tiffany Wheeler-Thompson [t.wheeler-thompson@islandcountywa.gov](mailto:t.wheeler-thompson@islandcountywa.gov)