



**NORTH SOUND BHO
OPIOID REDUCTION PLAN
KEY ACTIVITIES**

BUILD ON PARTNERSHIPS and create new relationships
ENHANCE COORDINATION to better leverage resources collectively
DEVELOP NEW INNOVATIVE SOLUTIONS to bypass issues that may exist because of the current paradigm

EXPAND TREATMENT CAPACITY, especially access to MAT:

- ❖ Broker partnerships between primary health and treatment to expand prescribers, co-locate services, provide trainings for mid-levels to prescribe, etc.
- ❖ Support new programs, e.g. new OTPs, “low barrier” services, detoxes and residential facilities
- ❖ Continue to expand outreach services, creating a “Concierge” service network

IMPROVE WHERE/HOW SERVICES ARE DELIVERED — Make services easier to access:

- ❖ Create incentives for co-located services in centralized locations, e.g. recovery campuses or primary care at treatment centers or syringe exchange venues
- ❖ Explore the feasibility of mobile services, such as mobile outreach or treatment at homeless camps, and other innovative solutions to bring services to the clients

PREVENT OVERDOSE DEATHS

- ❖ Help identify resources to increase naloxone supplies
- ❖ Support hospitals and public health as they expand outreach and engage people who have overdosed in services, e.g. Snohomish County Health District’s collaboration with local hospitals to connect emergency department patients to outreach workers, naloxone and hopefully treatment

INCREASE RECOVERY HOUSING and advocate for statewide enhancement of **OXFORD HOUSING**

FOCUS ON YOUTH — Bring partners together to increase youth services and catch problems early (screening, case management and early intervention) like youth advocates in schools or CDPs in youth shelters and youth SBIRT

FOCUS ON FAMILIES — Create new and connect existing services for family members affected by OUD to promote healing and family wellness, e.g. having services for children, parents and spouses of people in treatment on-site; start with a regional workgroup to develop a workplan

STRENGTHEN WORKFORCE — Increase the pool of highly trained workers:

- ❖ Broker distance learning options and advocate for tuition waivers for CDPs to pursue degree programs
- ❖ Advocate for the certification of Recovery Coaches and Behavioral Health Aides to increase case management/care coordination/recovery coaching supports

CONNECT RESOURCES — Coordinate existing services and expand new options:

- ❖ Vocational services on-site at treatment facilities and other strategic places
- ❖ Start conversations between treatment stakeholders and the larger recovery community like 12 Step groups, Recovery Cafes and faith-based recovery programs

COORDINATE DATA — For surveillance, program planning and evaluation

Priority Goals			
GOAL 1: Prevent opioid misuse and abuse.	GOAL 2: Treat opioid dependence.	GOAL 3: Prevent deaths from overdose.	GOAL 4: Use data to monitor and evaluate.